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**A cDNA microarray assessment of gene expression in  
the liver of rainbow trout (*Oncorhynchus mykiss*) in  
response to a handling and confinement stressor.**

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21 **Abstract**

22 A purpose-designed microarray platform (Stressgenes, Phase 1) was utilised to  
23 investigate the changes in gene expression within the liver of rainbow trout during  
24 exposure to a prolonged period of confinement. Tissue and blood samples were collected  
25 from trout at intervals up to 648 h after transfer to a standardised confinement stressor,  
26 together with matched samples from undisturbed control fish. Plasma ACTH, cortisol,  
27 glucose and lactate were analysed to confirm that the neuroendocrine response to  
28 confinement was consistent with previous findings and to provide a phenotypic context to  
29 assist interpretation of gene expression data. Liver samples for suppression subtractive  
30 hybridization (SSH) library construction were selected from within the experimental  
31 groups comprising "early" stress (2-48h) and "late" stress (96-504h). In order to reduce  
32 redundancy within the four SSH libraries and yield a higher number of unique clones an  
33 additional subtraction was carried out. After printing of the arrays a series of 55  
34 hybridisations were executed to cover 6 time-points. At 2h, 6h, 24h, 168h and 504h 5  
35 individual confined fish and 5 individual control fish were used with control fish only at  
36 0h. A preliminary list of 314 clones considered differentially regulated over the complete  
37 time course was generated by a combination of data analysis approaches and the most  
38 significant gene expression changes were found to occur during the 24h to 168h time  
39 period with a general approach to control levels by 504h. Few changes in expression were  
40 apparent over the first 6h. The list of genes whose expression was significantly  
41 altered comprised predominantly genes belonging to the biological process category  
42 (response to stimulus) and one cellular component category (extracellular region) and  
43 were dominated by so-called acute phase proteins. Analysis of the gene expression profile

44 in liver tissue during confinement revealed a number of significant clusters. The major  
45 patterns comprised genes that were up-regulated at 24 h and beyond, the primary  
46 examples being haptoglobin,  $\beta$ -fibrinogen and EST10729. Two representative genes from  
47 each of the six k-means clusters were validated by qPCR. Correlations between  
48 microarray and qPCR expression patterns were significant for most of the genes tested.  
49 qPCR analysis revealed that haptoglobin expression was up-regulated approximately 8-  
50 fold at 24 h and over 13-fold by 168 h.

51

52

53

54 *Keywords:* rainbow trout, *Oncorhynchus mykiss*, stress, microarray, gene expression

55

## 56 **1. Introduction**

57 The vertebrate stress response is a highly conserved suite of neuroendocrine,  
58 physiological and behavioural adjustments that, when evoked, enhance the individuals  
59 likelihood of survival when exposed to destabilising and challenging circumstances  
60 (Johnson et al., 1992). The stress response in fish has been the subject of much interest,  
61 not only in an evolutionary and comparative context, but also because of the perceived  
62 impact of stress on the welfare and productivity of aquacultured fish (Pottinger and  
63 Pickering, 1997). Aquacultured fish species are essentially non-domesticated (Price,  
64 1999; Vandeputte and Launey, 2004), few generations removed from the wild type, and  
65 therefore respond inappropriately to relatively benign events that occur unavoidably  
66 within the aquaculture environment, such as routine husbandry procedures, transport and  
67 related activities. They may also be adversely affected by holding conditions that impose  
68 levels of inter-individual interaction or other behavioural conditions that are at odds with  
69 the normal life-history requirements of the species (Huntingford, 2004). Where activation  
70 of the stress response is intermittent or prolonged the adverse outcomes for growth,  
71 reproductive function and immunocompetence are well-documented (Bonga, 1997).

72

73 Selective breeding of aquacultured fish to improve economically important traits such as  
74 fecundity and growth rate is an established practice (Gjoen and Bentsen, 1997; Hulata,  
75 2001). There is now increasing effort being directed at evaluating the feasibility of  
76 selective breeding for a reduced stress response, as a means to improve performance  
77 across a range of traits (Pottinger, 2000; Pottinger and Carrick, 1999; Wang et al., 2004).  
78 In order for this approach to become practicable, we require a greater understanding of

79 the genetic basis of the stress response than is currently available - relying solely on  
80 phenotypic performance markers is imprecise – and we require genetic markers of  
81 desirable stress-related traits.

82

83 The aim of the present study was to utilise a purpose-designed microarray platform to  
84 investigate the changes in gene expression that occur within a single tissue, the liver, in  
85 rainbow trout during prolonged exposure to stressful conditions. A well-established non-  
86 invasive model stressor, prolonged confinement (Pottinger and Pickering, 1992), was  
87 used to elicit a neuroendocrine stress response in adult rainbow trout and a range of  
88 phenotypic endpoints was measured to provide a contextual basis for the interpretation of  
89 the microarray data. Analysis of gene expression in the liver tissue of the stressed fish  
90 was addressed by: (1) constructing a series of cDNA libraries enriched for genes  
91 differentially regulated during stress; (2) applying cDNA microarray technology to  
92 investigate the global response of the liver to the stressor, and (3) seeking to identify  
93 genes and processes that might ultimately provide markers of stress responsiveness.

94

## 95 **2. Materials and Methods**

### 96 *2.1 Experimental animals*

97 Ten days prior to the start of the study 360 adult rainbow trout (CEH 2000, unselected,  
98 mixed-sex; mean weight  $\pm$  SEM: 236  $\pm$  4.3 g) were distributed evenly between 20  
99 holding tanks (18 fish/tank). Each tank (circular, glassfibre, 1000 l) was supplied with a  
100 constant flow of lake water (25 l/min) at ambient temperature. Prior to the start of the  
101 time-course study the fish were fed commercial food (Skretting Standard Expanded 40) at

102 the manufacturers recommended rate. During the study food was withheld from both the  
103 control and confined fish because of the potentially confounding effects of stress-induced  
104 appetite suppression.

105

## 106 *2.2 Protocol for confinement stress*

107 Twelve fish from each of ten of the holding tanks were transferred by dip net to pairs of  
108 confinement tanks (6 fish/tank, 50 l capacity, 15 l/min flow through) at intervals. The  
109 transfers were carried out at appropriate intervals to allow the sampling and processing of  
110 fish at 0, 1, 2, 4, 6, 24, 48, 96, 168, 336, 504 and 648 h after the onset of confinement. In  
111 addition, at each of these time-points 6 fish each from two of the ten remaining  
112 undisturbed holding tanks were sampled, providing 12 stressed and 12 control fish, from  
113 duplicate holding tanks/confinement tanks, at each time point. This protocol necessitated  
114 the repeated sampling of control tanks, however the interval between successive episodes  
115 of disturbance was considered to be of sufficient duration, and the degree of disturbance  
116 so minor, as not to impinge on the results of the study.

117

## 118 *2.3 Sample collection and tissue processing*

119 At each sample point, 6 fish were netted rapidly from the holding/confinement tank and  
120 transferred to an anaesthetic/sedative solution (2-phenoxyethanol; 1:2000; Sigma-  
121 Aldrich). Blood samples were collected from the caudal vessels into syringes, then the  
122 fish were weighed, measured and killed by spinal section. Each syringe contained EDTA  
123 (1.5 mg/ml blood; Sigma-Aldrich) as anticoagulant and the antiprotease aprotinin (3000  
124 KU/ml blood; Sigma-Aldrich). Tissues (liver, skin, head kidney, brain, pituitary) were

125 dissected rapidly and transferred either to labelled cryotubes, or wrapped in foil, before  
126 being snap frozen in liquid N<sub>2</sub> and stored at -80°C. Blood samples were held on ice before  
127 being centrifuged at 4°C. Plasma was aspirated and stored frozen (-20°C) in 100 µl  
128 aliquots for subsequent analysis.

129

#### 130 *2.4 Hormone and metabolite analysis and statistical evaluation*

131 Analyses of conventional indicators of the neuroendocrine stress response were carried  
132 out in order to support the interpretation of array data, and to confirm that the  
133 physiological status of the fish was as intended. Plasma corticotropin (ACTH) and  
134 cortisol levels were determined by RIA (Balm and Pottinger, 1993; Pottinger and Carrick,  
135 2001) and plasma glucose and lactate levels were determined spectrophotometrically  
136 (Sigma Diagnostics procedures nos. 510 and 735). The hormone and metabolite data  
137 were subjected to analysis of variance (ANOVA, GENSTAT) with time and treatment  
138 (stressed, control) as factors and fish within tanks as blocking structure. Significant  
139 differences were determined using the estimated SE of the differences between means  
140 derived from the ANOVA. Where mean and variance were found to be interdependent,  
141 the data were log-transformed prior to analysis.

142

#### 143 *2.5 RNA isolation*

144 Liver samples for SSH library construction were selected from within the experimental  
145 groups on the basis of blood cortisol levels. Only unstressed fish with cortisol levels < 15  
146 ng/ml were used for the control group, while fish with cortisol levels > 25 ng/ml were



147 selected from among the stressed fish. Only female fish were selected for RNA isolation  
148 to avoid expression anomalies that might be due to sex differences.

149

150 Total RNA was isolated using the RNeasy Maxi Kit (Qiagen). Routinely 0.3-0.5g liver  
151 tissue yielded 1-2.5mg total RNA. An on-column DNase treatment step was incorporated  
152 to yield samples predominantly free of contaminating DNA. The integrity of the RNA  
153 was checked by separating 5 $\mu$ g of RNA on formaldehyde denaturing gels. Only samples  
154 that showed no degradation after probing with an  $\alpha^{32}$ P-labelled  $\beta$ -actin control cDNA, as  
155 indicated by a sharp band with no ‘tailing’ were used for microarray analysis.  
156 Subsequently all samples were re-analysed on the Agilent Bioanalyser: RNA Integrity  
157 Numbers (RIN) averaged  $9.72 \pm 0.38$ . RNA was quantified by UV spectrometry at  
158 260nm (Shimadzu UV-1601). Following evaluation of blood cortisol levels it was  
159 decided to divide both stress and control samples into “early” (2-48h) and “late” (96-  
160 504h) groups. Each group was represented by 9-13 fish. Poly A<sup>+</sup> RNA was isolated from  
161 pooled RNA samples with affinity columns using the Oligotex mRNA Kit (Qiagen). The  
162 average yield of mRNA from 1mg of liver total RNA was 2%. Integrity and enrichment  
163 of the poly A<sup>+</sup> RNA was checked again using a  $\beta$ -actin probe.

164

165 For microarray screening, 5 samples of stressed and 5 samples of control fish were  
166 obtained for each of the time points 0 h (control only), 2h, 6h, 24h, 168h and 504h.  
167 Although only females were employed, there was no selection on the basis of cortisol  
168 levels. The quality of all these samples was verified by probing northern blots with  $\beta$ -

169 actin. Because an insufficient number of high quality RNA preparations were available  
170 the 48h and 96h time points were excluded.

171

## 172 *2.6 SSH library construction*

173 Four suppression subtractive hybridization (SSH) libraries were constructed using the  
174 PCR-Select cDNA Subtraction Kit (BD Biosciences). These corresponded to ‘early’ and  
175 ‘late’ fish groupings (see previous section) and both the forward and reverse subtractions:  
176 each subtraction was a stress group with its corresponding control group. SSH was  
177 performed following the manufacturer’s protocol on 2 µg poly A<sup>+</sup> RNA. An aliquot of  
178 the secondary PCR product (2 µl) was cloned into pCR2.1 vector using the TA Cloning  
179 Kit from Invitrogen, and transformed into chemically competent TOP10 *E. coli*  
180 (Invitrogen). The efficiency observed was  $1 \cdot 10^5$  colonies/µg of DNA (5,000 colonies per  
181 transformation). Twenty-five white colonies were selected from each library and  
182 subjected to PCR. Insert sizes varied from 200 bp to 1,300 bp with 97% of clones having  
183 inserts. In order to reduce redundancy within the four SSH libraries and yield a higher  
184 number of unique clones an additional subtraction was carried out. The procedure was  
185 based on labelling the products of one library (or libraries) with biotin, hybridising these  
186 with a second library (or libraries), and cloning the unhybridised DNA after magnetic  
187 separation with streptavidin-tagged magnetic beads (Carninci et al., 2000). Three  
188 subtractions (libraries RTGL5-7) were carried out on the four liver SSH libraries  
189 (RTGL1-4).

190

## 191 *2.7 Sequence analysis*

192 At the same time that samples were being prepared for PCR, duplicate plates of glycerol  
193 stocks were sequenced (The Sanger Centre, Hinxton, Cambs.). Sequences were edited to  
194 remove vector and adaptor sequences, and cleaned and filtered before clustering and  
195 annotation by the SIGENAE information system (INRA Toulouse, France). Cleaning  
196 involved masking of poor quality bases and low complexity sequences such as polyA  
197 sequences. Filtering removed contaminating sequences (bacteria, yeast) and allowed only  
198 sequences with more than 100 bases of high quality sequence to pass. Contigs were  
199 annotated by comparison to the SwissProt database using the Blastx program  
200 (<http://www.ncbi.nlm.nih.gov/BLAST/>). In addition, because of the 3' bias to SSH  
201 libraries, sequences were also analysed and compared to a variety of nucleic acid  
202 databases using the EST-Ferret program (Li, W., University of Liverpool;  
203 <http://legr.liv.ac.uk/>)

204

#### 205 *2.8 Micoarray hybridisations*

206 PCR (96-well) was carried out in detergent-less conditions in 30 mM Tricine, pH 8.0  
207 containing 50 mM KCl, 2 mM MgCl<sub>2</sub>, 0.2 mM dNTPs and 0.2µM of each nested primer  
208 (same primers as used in the final stage of the SSH library construction). The reaction  
209 volume was 75 µl and 2.5 units of Biotaq (Bioline, UK) were used per reaction.  
210 Templates were the glycerol stocks of the SSH clones. Quality of PCR products was  
211 assessed on ethidium bromide-stained agarose gels: single products of approximately  
212 equal concentration were required. Printing of the arrays was carried out at the University  
213 of Liverpool without further purification of PCR products.

214

215 A reference design approach was taken for the microarray hybridisations: all  
216 experimental samples (10 µg) were labelled with one of the two dyes and compared to a  
217 reference sample (10 µg) labelled with the second dye that consisted of a pool of all the  
218 RNA samples used in the experiment. Denatured RNA (10 µg) was reversed transcribed  
219 with 75 units Stratascript reverse transcriptase (Stratagene, UK) in a total volume of 20 µl  
220 containing RT buffer, 10 mM DTT and 1.25 mM amino-allyl dUTP/dNTP (1:1) mix. The  
221 reaction was primed with both an anchored oligo dT primer and a random primer (V9) at  
222 0.25 µg/µl and incubated at 42°C for 1 h before making a second addition of 50 units  
223 Stratascript reverse transcriptase. After a further 1 h at 42°C the reaction was stopped  
224 with 0.45M EDTA in 1M NaOH and neutralised with 0.75M HEPES, pH 7.4 containing  
225 0.75M sodium acetate. The cDNA was purified on a Nucleospin column (Macherey-  
226 Nagel), dried on a vacuum concentrator and resuspended with 5 µl 0.1M NaHCO<sub>3</sub>, pH  
227 9.0. cDNAs (experimental and reference) were labelled with Cy5 and Cy3 dyes  
228 (Amersham GE, UK) using the indirect labelling procedure as directed by the supplier.  
229 After combining Cy5 and Cy3 labelled cDNAs and removal of unincorporated dyes on a  
230 Nucleospin column (Macherey-Nagel), samples were resuspended to 100µl with  
231 ArrayHyb Low Temp Hybridisation Buffer (Sigma, UK) at 65°C.

232

233 Slides printed at the University of Liverpool were denatured by immersion in boiling  
234 18MΩ water for 1 min. Denatured, labelled target cDNA was applied to the microarray  
235 slides, covered with a lifter slip (Erie Scientific) and the slides were incubated in a  
236 hybridisation chamber (Genetix) at 50°C for 16 h. After hybridisation all slides were  
237 washed manually in 1x SSC, 0.1% SDS, 1mM DTT (2 x 5 min), 0.1xSSC, 0.1% SDS,

238 1mM DTT (2 x 5 min), rinsed briefly in 18MΩ water (all solutions pre-warmed to 55°C)  
239 and immersed briefly in room temperature isopropanol. Slides were centrifuged to  
240 dryness and scanned immediately on a ScanArray Express HT scanner (Perkin Elmer).  
241 Genepix software (GRI Ltd, UK) was employed to facilitate data acquisition from the  
242 images. Any spots in poor areas of the slides (smears, dust specks, poor spot morphology)  
243 were manually flagged as 'bad'.

244

245 A series of 55 hybridisations were planned to cover six time-points. At 2 h, 6 h, 24 h, 168  
246 h and 504 h: five individual confined fish and five individual control fish (biological  
247 replicates) were used. Only control fish were required for the 0 h time point. Although the  
248 hybridisations utilised several batches of slides, these were distributed across conditions  
249 and time points to minimise the possibility of bias arising.

250

## 251 *2.9 Microarray analysis*

252 Stage 1 of the analysis in GeneSpring involved an overview of all samples in order to  
253 highlight or remove spurious samples. Viewing of the Cy5/Cy3 ratios in GeneSpring  
254 allowed a subjective appreciation of poor slides that could be dismissed from the  
255 analysis. Principal Component Analysis (PCA) was also used to examine variation across  
256 the samples with time and with animal: again this indicated slides to exclude from the  
257 analysis. Normalisation (after dye swapping) used the Lowess normalisation method even  
258 though this approach should not strictly be used on clones when the majority are expected  
259 to be differentially regulated. Stage 2 of the analysis involved cleaning up the data by  
260 filtering out genes that showed large variability in their Cy5/Cy3 ratios and/or by filtering

261 out genes with near baseline raw signal intensities. Stage 3 involved the identification of  
262 potential differentially regulated genes by use of one-way ANOVA.

263

#### 264 *2.10 Quantitative RT-PCR analysis*

265 Total RNA samples with RNA Integrity Numbers (RIN) averaging  $9.72 \pm 0.38$  were used  
266 for qRT-PCR. cDNA was synthesized from 5  $\mu\text{g}$  of total RNA and 500 ng of polydT  
267 primer in a reaction volume of 40  $\mu\text{l}$  using SuperScript<sup>TM</sup> III reverse transcriptase  
268 (Invitrogen) following the supplier's protocol. Primers were designed for qRT-PCR for  
269 all selected 12 candidate genes plus two housekeeping genes using Vector NTI  
270 Advance<sup>TM</sup> software (Invitrogen). Size of the amplicons to be produced ranged between  
271 100-150 base pairs. qPCR reactions were set up as follows: 10  $\mu\text{l}$  of QuantiTect SYBR  
272 Green PCR Kit (Qiagen), 0.5  $\mu\text{M}$  final concentration of primers, 5  $\mu\text{l}$  of cDNA template  
273 at a dilution of 1:12.5 and to a final volume of 20  $\mu\text{l}$  with RNase-free water. The  
274 Mx3000P<sup>®</sup> QPCR system (Stratagene) was used for performing the qPCR reaction. The  
275 program used for qPCR was 95°C for 15 min, 40 cycles of 95°C for 15 s, annealing at 51  
276 – 60°C (depending on primers) for 30 s and extension at 72°C for 30 s. Dissociation  
277 curves were examined at the end of the PCR reaction to check for unspecific  
278 amplification and primer-dimers.

279

280 Relative changes in the expression of candidate genes were calculated using the method  
281 described by Pfaffl (2001). To assess the PCR efficiency of each gene, standard curves  
282 were created by serial dilution of standard cDNA preparations.

283

284 **3. Results**

285

286 *3.1 Hormone and metabolite levels during confinement*

287 The changes in plasma ACTH, cortisol, glucose and lactate levels in control and confined  
288 fish over the duration of the study are shown in Fig. 1 (a – d).

289

**[Insert Figure 1]**

290 *3.1.1 ACTH*

291 Overall, ANOVA revealed plasma ACTH levels to be higher in confined than control fish  
292 ( $P < 0.001$ ; Fig. 1a). This difference was most pronounced between 24 h and 96 h after the  
293 onset of confinement. Plasma ACTH levels in confined fish increased significantly  
294 between time 0 and 1 h ( $P < 0.01$ ) although a high level of variation among ACTH values  
295 in control fish means that no significant difference between control and confined fish was  
296 detected at 1 h. There was no significant difference between control values at 0 h and 1 h.  
297 The peak in plasma ACTH that was observed at 48 h after the onset of confinement in  
298 stressed fish coincides with disturbances in both glucose and lactate in the confined group  
299 and suggests that these fish experienced a stressful event that was imposed upon the  
300 ongoing confinement. Inspection of the data reveals that the increase was accounted for  
301 primarily by the fish within one of the two confinement tanks sampled at this time. It may  
302 be the case that agonistic social interaction within this tank was particularly pronounced.

303

304 *3.1.2 Cortisol*

305 ANOVA revealed highly significant effects of both time ( $P < 0.001$ ) and treatment  
306 ( $P < 0.001$ ) on plasma cortisol levels with confined fish displaying overall higher plasma

307 cortisol levels than unconfined individuals (Fig. 1b). Plasma cortisol levels rose rapidly  
308 following the onset of confinement to reach a level that was consistently sustained until  
309 declining between 96 and 336h. Between 336h and 648h plasma cortisol levels in control  
310 and confined fish were statistically indistinguishable. It is noteworthy that little direct  
311 correlation between plasma cortisol and plasma ACTH levels was evident, either for  
312 treatment groups or individual fish (data not shown). In addition, although not evident  
313 from Fig. 1, there was a marked difference in plasma cortisol levels between fish from the  
314 two confinement tanks sampled at 48 h, consistent with similar observations for the other  
315 determinands. For most of the study period, mean plasma cortisol levels in the control  
316 groups remained below 10 ng/ml. However, between 2h and 6h mean levels rose from 5.7  
317 to 38.7 ng/ml before declining again to 6.5 ng/ml by 48h. This is coincident with some  
318 minor disturbance of ACTH levels in the control fish and may reflect an unattributable  
319 disturbance to the fish in the tanks sampled on these occasions. These tanks had not been  
320 sampled previously.

321

### 322 *3.1.3 Glucose*

323 Plasma glucose levels changed significantly with both time and treatment ( $P < 0.001$ ; Fig.  
324 1c). There was no evidence of an early elevation in plasma glucose levels following  
325 transfer to the confinement tanks but levels began to rise after 6 h to reach a peak at 48 h,  
326 before declining to baseline levels between 168 and 336 h. An increase in plasma glucose  
327 levels at 48 h in the confined fish was coincident with peaks in plasma ACTH and lactate  
328 levels, probably for the reasons noted above. There was a steady and significant



329 (P<0.001) decline in plasma glucose levels in the control fish during the course of the  
330 study, presumably related to the absence of food.

331

#### 332 *3.1.4 Lactate*

333 Significant variation was evident in lactate levels in both control and confined groups  
334 (Fig. 1d). The ANOVA reported significant treatment (P<0.001) and time (P<0.001)  
335 effects which appeared to have two major components. A significant elevation in plasma  
336 lactate levels was evident in confined fish within 1 h of the start of the study (P<0.001).  
337 In addition, there was a gradual but significant (P<0.01) increase in lactate levels in  
338 control fish between 4 h and 48 h such that lactate levels in confined fish were  
339 significantly lower than those in controls for the latter phase of the confinement period.  
340 Furthermore, there was a two-fold increase in lactate levels in confined fish at 48 h  
341 (P<0.001), at the same time as increases in plasma ACTH and glucose were observed.

342

#### 343 *3.2 Sequence analysis*

344 The array consisted of 21120 spots most of which were unknown sequences at the time of  
345 microarray printing. Of these, 1011 were liver clones isolated from the four confinement  
346 stress SSH libraries and 621 were liver clones isolated after the redundancy subtraction  
347 from these same four libraries (section 2.6). The complete array will be described  
348 elsewhere but an overview of its composition is presented in figure 2. In addition to the  
349 1632 liver clones from confinement stress there were also 1536 pituitary clones and 1152  
350 brain clones from fish exposed to a confinement stressor. Liver clones from fish exposed  
351 to a temperature stressor (3072), hypoxia stressor (1536) and pathogen exposure (960)

352 were also represented. There were additional clones from the brain tissue of fish exposed  
353 to temperature (3072) and hypoxia stressors (1536), muscle clones from temperature  
354 (3072) and hypoxia stressor-exposed fish (1536), and gill (980), head kidney (960) and  
355 mixed tissue (460) clones from pathogen exposed fish. Only a subset of the liver clones  
356 (769 clones of the 1632 clones relating to confinement stress) was sequenced generating  
357 507 quality sequences made up of 247 different contigs, 49 of which were singletons. The  
358 level of redundancy overall was ~51% for the liver confinement libraries.

359 **[Insert Figure 2]**

360

361 A number of the liver clones had been generated by a redundancy subtraction procedure  
362 described in section 2.6. One of the redundancy-subtracted libraries (RTGL5) was a  
363 direct subtraction from the ‘forward late’ library (RTGL3) and there were approximately  
364 equal numbers of clones with data from each. The redundancy-subtracted library  
365 produced 35% more unique clones than the source library. Furthermore, two highly  
366 represented genes (apolipoprotein A-I-1 and EST16605) were reduced in representation  
367 from 23% to 3% and from 16% to 8% respectively in the redundancy-subtracted library.

368

### 369 *3.3 Characterisation of expression profiles.*

370 A list of clones (964) considered to be differentially regulated over the complete time  
371 course was generated by a combination of data analysis approaches. Instead of restricting  
372 the analysis to one very stringent statistical test, lists of genes whose expression was  
373 altered by exposure to confinement were generated by a number of tests and how these  
374 lists overlapped was taken into account before deciding on the most relevant genes. The

375 two main approaches were an ANOVA over time with multiple test correction  
376 (Benjamini and Hochberg False Discovery Rate) and a t-test comparing stressed samples  
377 with their corresponding controls. Analysis of the confinement stressor by microarray  
378 analysis clearly demonstrated that the most significant gene expression changes occurred  
379 over the 24 h to 168 h time period with a general return to control levels by 504 h.  
380 Changes in expression levels over the first 6 h were evident for only a few genes.

381

382 As stated above most of the clones were unknown at the time the arrays were printed and  
383 as a result many genes were represented multiple times on the array. This allowed  
384 examination of the reproducibility of the array. The genes most frequently represented  
385 were the haptoglobin precursor (101x), EST10729 (28x), CIRBP (21x) and complement  
386 C3-1 (71x). There were however 110 instances of the haptoglobin precursor on the whole  
387 array and 9 instances not showing significance. On inspection of the expression patterns  
388 it was clear that all 110 instances showed the same clear expression profile. Similarly all  
389 instances of EST10729 show a common expression pattern. On the other hand, there were  
390 over 1000 instances of complement component C3-1 on the whole array yet only 71 of  
391 these clones were identified as significantly differentially expressed. That is, the  
392 expression pattern for all instances of complement component C3-1 showed no common  
393 pattern suggesting the detection of changes in expression level of this gene is probably  
394 due only to its high representation on the array.

395

396 A shorter list of 314 differentially expressed clones was generated using the more  
397 stringent Bonferroni multiple test correction. Of these clones 138 (44%) provided quality

398 sequence information. Uninformative clones were the result of a combination of factors:  
399 not all clones were selected for sequencing, some selected clones gave no sequence  
400 information, some gave poor quality sequence and some gave less than 100 bases of  
401 quality sequence. The 138 clones were composed of 39 different contigs with  
402 identification of 28 genes, leaving unidentified a number of EST contigs and singletons.  
403 The list of significant genes comprised predominantly genes originally isolated from liver  
404 and brain libraries. When compared to the whole array (953 annotated genes) using the  
405 GOTree Machine (GOTM) program (Zhang et al., 2004), no biological process category  
406 was over-represented at levels 4 or 5. However, in a broader context (i.e. levels above 4  
407 and 5) the “Response to stimulus” category was over-represented ( $P < 0.01$ ). Also in the  
408 broader context, the cellular component category, “Extracellular region” was over-  
409 represented ( $P < 0.01$ ). Genes that fall into these categories include: (response to stimulus)  
410 haptoglobin, complement factor H-related protein 1, fibrinogen beta polypeptide,  
411 complement component factor H, cold-inducible RNA binding protein and (extracellular  
412 region) haptoglobin, complement factor H-related protein 1, fibrinogen beta polypeptide,  
413 procollagen type VIII alpha 1, inter-alpha (globulin) inhibitor H2 and secreted  
414 phosphoprotein 2. There are, however, too few annotated genes (24) in the list of 314  
415 differentially expressed genes to carry out significant Gene Ontology analysis of  
416 confinement stress in the liver.

417

418 A k-means clustering of the 964 clone list suggested six main expression patterns (Figure  
419 3). The main group (Set 1 - 332 clones) showed up-regulation at 24 h and 168 h and a  
420 return towards the control level by 504 h. The seminal gene in this list was the

421 haptoglobin precursor but it also included fibrinogen (beta and gamma polypeptides). A  
422 second group (Set 2 - 94 clones) also showed up-regulation at 24 h and 168 h and a return  
423 towards the control level by 504 h. Despite this similarity the component sequences of  
424 Sets 1 and 2 were clearly different – for example, Set 2 did not include any of the 110  
425 instances of haptoglobin on the array, instead, the seminal set member was complement  
426 factor H. Set 3 (131 clones) was maximally down-regulated at 168 h but showed some  
427 down regulation of several members as early as 2 h (RpL7, TC8053 and TC7970). The  
428 seminal member of this group was CIRBP (cold-inducible RNA-binding protein) but it  
429 also included alpha-1-antitrypsin homolog, RpL35 and AMBP protein precursor. Set 4  
430 (107 clones) was similar to Set 3 in being down regulated over 24 h and 168 h: in fact  
431 down regulation of these genes in the stressed group at 168 h and 504 h was more  
432 pronounced when compared to expression levels in the control samples which were  
433 markedly up-regulated relative to the earlier time points. This is clearer in TC8200 than  
434 14-3-3 (see Figure 4). There is no clear characteristic sequence in this group but the tissue  
435 origins of the clones in this set were heavily biased towards brain rather than liver  
436 libraries. Set 5 (58 clones) showed immediate down regulation at 2 h, followed by up  
437 regulation over 6-24 h, then a second down regulation at 168 h before returning to normal  
438 at 504 h. The seminal member was alpha1-acid glycoprotein (orosomuroid) but the set  
439 also included serum albumin. The final set (Set 6 -103 clones) also showed early down-  
440 regulation over 2-6 h then a steady up-regulation from 24 h to 504 h. The seminal  
441 members of Set 6 were EST10729 and ceruloplasmin. In this set control samples showed  
442 a similar expression pattern to that in stressed fish but generally of a lesser magnitude.

443

**[Insert Figure 3]**

444 Overall, the expression patterns that were seen in the stressed fish were also seen, though  
445 to a more muted extent in the 6 h and 24 h control samples. This corresponds to the  
446 unattributable elevation of plasma cortisol levels in the ostensibly undisturbed control  
447 fish described above and evident in figure 1b.

448

449 To determine whether the pattern of gene expression in response to confinement varied  
450 between individual fish an ANOVA was carried out for specific time points. Analysis of  
451 haptoglobin (all instances on the array) at 168h showed that fish 191 was clearly very  
452 different from fish 190. Fish 191 was notable within this group of confined fish in that its  
453 plasma cortisol levels were atypically low (16.5 ng/ml) compared to those of the others in  
454 the group (295.4 ng/ml, 179.9 ng/ml and 44.7 ng/ml for fish 190, 188 and 181  
455 respectively). At this time point the ranking of the individual haptoglobin responses  
456 matched that of the cortisol ranking.

457

#### 458 *3.4 Quantitative PCR*

459 To validate the microarray results two genes were selected from each of the six k-means  
460 cluster groups for real time RT-PCR (qPCR). Primer sequences were generally based on  
461 actual clone sequences on the array (with reference to the contig) rather than homologous  
462 database sequences (but see Table 1). The 2 h time point was omitted from the qPCR  
463 experiment as the microarray suggested expression changes were small over the first 6 h.  
464 Generally the same five fish (both control and stress) were used in the qPCR experiment  
465 as were used in the microarray experiment. Two housekeeping genes ( $\beta$ -actin and 18S  
466 ribosomal RNA gene) were shown to remain at a consistent level between the control and

467 stress groups, and over time. However, there was some inter-individual variability in the  
468 expression of these genes and therefore both genes were averaged for use in normalising  
469 expression levels. All expression levels were related to the 0 h control using a calculation  
470 method based on differences in Ct and amplification efficiency (Pfaffl, 2001).

471

472 All control samples gave a very similar expression pattern with a general rise after 24 h  
473 through 168 h and 504 h. Although changes in gene expression patterns detected over  
474 time in the stressed fish generally showed good correlation between qPCR and  
475 microarray methods (see below) the magnitude of expression change was often reported  
476 by qPCR as being greater than that detected on the microarray. Sets 1 and 2 showed  
477 quite similar expression patterns with maximum expression over 168 h and 504 h: this  
478 maximum appeared to be reached somewhat later in Set 2. Maximum relative changes in  
479 expression detected by qPCR were ~13-fold and ~3.5-fold compared to ~2.2-fold and  
480 ~1.8-fold by microarray for haptoglobin and  $\beta$ -fibrinogen respectively (both Set 1). Sets  
481 3 and 4 also showed up-regulation with time, however expression appeared to increase in  
482 two steps, from 0 h to 6 h then 24 h to 504 h with a plateau of expression between 6 h and  
483 24 h. The maximum expression levels in these two sets at 504 h were very similar  
484 between the stress and control groups with at least CIRBP suggesting a late down-  
485 regulation in the stress group compared to the control group. Set 5 showed maximum  
486 expression levels at 6 h but quite an irregular pattern over time in both control and stress  
487 groups. Set 6 genes were up-regulated over time with a slight tendency to dip between 6 h  
488 and 24 h before increasing again through 504 h.

489

490 As mentioned above the magnitude of expression changes as measured by microarray  
491 were more muted than those detected by qPCR, however the patterns of expression  
492 generally correlated well between both methodologies. Correlations were determined for  
493 each fish individually and were found to be significant ( $P < 0.05$ ) for 8 of the 12 genes  
494 examined with correlation coefficients for haptoglobin and EST10729 of 0.67 and 0.90  
495 respectively. Neither of the two genes of Set 5 correlated significantly between  
496 methodologies but both genes of Sets 1, 2 and 6 did correlate significantly.

497

#### 498 **4. Discussion**

499 The elevation of plasma ACTH and plasma cortisol in the confined fish clearly indicated  
500 that the stressor employed in these studies activated the hypothalamic-pituitary-interrenal  
501 axis in a manner consistent with previous studies using this approach (Pottinger et al.,  
502 1994). Plasma cortisol levels in the confined fish displayed a profile typical of rainbow  
503 trout subjected to a chronic stressor with significantly elevated levels during the early  
504 stages of confinement being followed by an acclimatory return to baseline levels within  
505 336 h. Among the control fish the range of mean plasma cortisol values observed (0.8 –  
506 38.7 ng/ml) was greater than is normally typical of unstressed trout due in large part to  
507 elevated levels in several consecutive samples between 2 h and 48 h after the start of the  
508 study. There is no clear explanation for this and we assume that some unaccounted for  
509 disturbance of these tanks took place during the sampling period. The six control tanks  
510 that were sampled at 4, 6 and 24 h when cortisol levels were most elevated were sampled  
511 again at 96 h, 336 h and 504 h respectively at which time levels were typical of  
512 undisturbed fish. To ensure a contrast between stressed and unstressed individuals



513 control fish liver samples for the SSH exercise were selected from individuals whose  
514 plasma cortisol levels at the time of sampling did not exceed 15 ng/ml.

515

516 Exposure of trout to prolonged confinement is characteristically accompanied by  
517 disturbances in plasma glucose levels and plasma lactate levels (Trenzado et al., 2003)  
518 and both responses were evident in the present study. Perhaps surprisingly, no short-term  
519 elevation of plasma glucose was detected initially in the confined fish, although levels  
520 were elevated during the 24h – 168h period. Short-term glucose elevation is a widely  
521 observed response of fish to acute stressors so the absence of this response is puzzling. It  
522 is possible that the severity of the initial stressor was insufficient to cause a change in  
523 circulating catecholamine levels (Perry and Bernier, 1999), considered to be the mediator  
524 of stress-induced hyperglycaemia in fish. The short period of hyperlactemia that occurred  
525 in confined fish early in the time-course was presumably associated with the respiratory  
526 consequences of chasing, netting and transfer to the confinement tanks and was rapidly  
527 ameliorated within 2 – 4 hours. The occurrence of slightly elevated plasma lactate levels  
528 in the control fish between 4h and 168 h is not easily explained but does coincide with the  
529 anomalous elevation of plasma cortisol in the control fish. Overall, the experimental data  
530 indicate that the response of these fish to confinement was consistent with previous  
531 findings and provided a suitable vehicle for further investigation of gene expression in the  
532 liver.

533

534 The analysis of gene expression in liver tissue from confined fish that is presented here is  
535 part of a larger EU study "STRESSGENES: A Functional Genomics Approach to

536 Measuring Stress in Fish Aquaculture" (Q5RS-2001-002211) that includes analysis of  
537 gene expression during exposure to a confinement stressor in other tissues (head kidney,  
538 brain, pituitary and gill) and additional stressors (temperature shift, hypoxia, salinity  
539 stress and pathogen exposure) in a range of relevant tissues. For each tissue SSH libraries  
540 were constructed and 'pre-arrays' were hybridised to eliminate unchanging genes. Initially  
541 arrays comprising unselected clones (Phase 1 arrays) were constructed followed by one  
542 array using a selected clone set (Phase 2 array). For the experiment reported here a Phase  
543 1 array was used: a consequence of this is that there was not full sequence analysis of the  
544 clones.

545

546 As noted above, the list of genes whose expression was significantly altered comprised  
547 predominantly genes originally isolated from liver and brain libraries and these fell  
548 largely into one biological process category (response to stimulus) and one cellular  
549 component category (extracellular region). Analysis of the gene expression profile in  
550 liver tissue during confinement revealed a number of significant clusters. The major  
551 patterns comprised genes that were up-regulated at 24 h and beyond, the primary  
552 examples being haptoglobin, fibrinogen, TC8442, ceruloplasmin and EST10729.  
553 Haptoglobin expression was up-regulated at 24 h and transcripts maintained this high  
554 level through to the 168 h sample. After 504 h (21 days) continuous confinement  
555 expression levels approached but had not yet reached control levels. Quantification of  
556 gene expression levels by qPCR confirmed the microarray expression pattern and showed  
557 an up-regulation of approximately 13-fold over the zero time point control and  
558 approximately 8-fold over the paired control. Of all the genes validated by qPCR this was

559 the greatest change in the magnitude of expression observed but this does not rule out the  
560 possibility of greater changes in other genes that were not scrutinized with qPCR – for  
561 example, TC17071 appeared more differentially regulated on the microarray than many  
562 of the haptoglobin clones. Although not evident from the microarray, haptoglobin was  
563 up-regulated 4-5-fold by 6 h. In functional terms, haptoglobin is a prominent acute phase  
564 protein in man and in most mammalian species studied. Circulating levels of this protein  
565 can change by between 2-fold to over 10-fold depending on the species (Petersen et al.,  
566 2004). In fish (*O.mykiss*) elevated plasma levels of haptoglobin have been identified after  
567 a variety of bacterial and viral challenges, but changes in haptoglobin levels have not  
568 previously been linked to a non-immunological stressor (Bayne et al., 2001). In rainbow  
569 trout, 24 h after receiving a bacterin injection, up-regulation of haptoglobin at the  
570 transcript level on an oligo-microarray was limited (2-fold) but qPCR showed large  
571 variation in individual fish response (Gerwick et al., 2006). In other studies on rainbow  
572 trout, there was no significant change in brain haptoglobin expression following a  
573 handling stress (Krasnov et al., 2005a) in liver haptoglobin expression after toxicant  
574 exposure (Krasnov et al., 2005b) or in aflatoxin-induced hepatocellular carcinoma (Tilton  
575 et al., 2005). In pigs haptoglobin levels are not elevated in response to cold, heat or  
576 transport stressors (Hicks et al., 1998). Haptoglobin is however elevated in disease and  
577 subclinical states suggesting that in pigs at least it is a good indicator of the health status  
578 of the animal (Petersen et al., 2004). In calves stress related to housing on a slippery floor  
579 raised levels of the acute phase protein serum amyloid A but not that of haptoglobin  
580 (Alsemgeest et al., 1995).

581

582 The main role of haptoglobin appears to be in conserving haemoglobin, haem and iron  
583 after their release from damaged red blood cells and the prevention of oxidative stress.  
584 Scavenging iron is also believed to be important in preventing the growth of iron-  
585 requiring bacteria (Bullen, 1981). Genes coding for proteins such as albumin,  
586 ceruloplasmin, hepcidin, lactoferrin, transferrin, ferritin and hemopexin might be  
587 expected to play a similar role. Differential regulation of both ceruloplasmin and albumin  
588 was identified in this study (though controls and stress were very similar) but neither  
589 hepcidin nor lactoferrin were selected for the array (suggesting no treatment-related  
590 change in their expression levels) and neither ferritin nor transferrin showed any clear  
591 change on the microarray. Transferrin has been described as both a positive and negative  
592 acute phase protein in different species and there is a suggestion that it is a positive acute  
593 phase protein under an inflammatory stimulus in trout (Bayne and Gerwick, 2001). Apart  
594 from alterations in haptoglobin itself there was minimal evidence in the present study that  
595 exposure to a prolonged stressor produced alterations in other factors responsible for iron  
596 metabolism/storage.

597

598 Serum albumin and alpha 1-acid glycoprotein (orosomuroid) fall within the same  
599 expression cluster (Set 5 in Figure 3) and are again considered to be acute phase proteins  
600 in several mammalian species (Gabay and Kushner, 1999). On the microarray both  
601 transcripts demonstrate a very early (2 h) down-regulation, followed by rapid up-  
602 regulation by 6 h and then a second more prolonged down-regulation over 168 h.  
603 However, neither of these gene expression patterns detected on the microarray correlated  
604 closely with the pattern determined by qPCR. Both genes were up-regulated at 6 h and

605 although orosomuroid expression in stressed fish showed a downward trend from 6 h to  
606 504 h, serum albumin showed no tendency for reduced expression over the later time  
607 points. (Relative to the paired control samples, which exhibited some variation with time,  
608 serum albumin did show a downward trend). The absence of the 2 h time point from the  
609 qPCR does not preclude the possibility of an early 2 h down-regulation. Serum albumin is  
610 normally considered a negative acute phase protein as it decreases under an acute phase  
611 stress. Here, however, the expression pattern as it relates to the abundance of RNA  
612 transcript seems much more complex. Whether this is a consequence of message levels  
613 not necessarily reflecting protein levels, or that confinement stress is not a severe enough  
614 stressor, or that stress responses as characterised in mammals are not wholly applicable to  
615 non-mammalian vertebrates, is unclear from the present study. It should be noted that to  
616 treat the full period of confinement as the imposition of a homogeneous stressor upon the  
617 fish is probably a gross simplification. The nature of the stressor as perceived by the fish  
618 is likely to alter over time, from being primarily a disturbance/novelty/unfamiliar  
619 environment combined with spatial restriction in the first few hours after transfer to the  
620 confinement tank, to a primarily social stressor after more time has elapsed. Acclimation  
621 to the confinement environment is quite rapid when fish are held in isolation, but requires  
622 increasingly longer as the size of the interacting group increases (Pottinger and Pickering,  
623 1992).

624

625 Orosomuroid (ORM1), like many acute phase proteins, does not have a well-defined role  
626 although it is considered both anti-inflammatory and immunomodulatory. It is reported to  
627 interact with serum albumin (Krauss et al., 1986), which possibly explains the broadly

628 similar gene expression patterns observed for the two transcripts, and with plasminogen  
629 activator inhibitor type 1 (PAI-1). When orosomucoid is upregulated (6 h), PAI-1 (a  
630 serpin) is maintained in a highly active form: proteinase inhibitor activity is therefore  
631 maximal over this period before it falls quite dramatically over the 24 h to 168 h period.  
632 High levels of proteinase inhibitory activity may allow the build up of the acute phase  
633 proteins and subsequent reduction of this activity may facilitate the removal of the acute  
634 phase proteins and return to a pre-challenge steady-state. The very early down regulation  
635 (at 2 h, seen on the microarray) may be the consequence of some immediate need for  
636 protease activity – possibly to do with activation of complement or blood clotting  
637 cascades. The absence of correlation in Set 5 may suggest that this cluster is weakly  
638 assigned.

639

640 Consistent with this speculation is the fact that another group of functionally related  
641 proteins that appear from the microarray to be down-regulated late in the stress process  
642 are the protease inhibitors alpha-1-antitrypsin homolog and alpha-2-HS glycoprotein  
643 precursor (a cysteine protease inhibitor). Both are down-regulated through 24 h and 168  
644 h. Although qPCR shows up-regulation of alpha-1-antitrypsin homolog over 6 h and  
645 again at 504 h, the net effect is one of down-regulation compared to the paired controls.  
646 Alpha2-macroglobulin (A2M) is a major acute phase protein in many species but has not  
647 been identified as such in trout (Bayne and Gerwick, 2001). Like serum amyloid A (see  
648 below) it does not appear in an identifiable form on the array. Alpha2-macroglobulin is  
649 also an antiproteinase inhibitor acting on enzymes such as trypsin, thrombin and  
650 collagenase. It is believed to interact with alpha1-microglobulin/bikumin precursor

651 (AMBP). Interestingly AMBP was identified as a significantly differentially regulated  
652 gene and was found in the same cluster (Set 3) as alpha-1-antitrypsin homolog.

653

654 Differences in immune system function between mammals and fish are very significant.  
655 Fish are dependent on innate, non-lymphoid mechanisms to defend themselves against  
656 infection and trauma, whereas mammals exploit an adaptive immune system based upon  
657 T- and B-cells. Fish are therefore much more dependent than mammals on a non-specific  
658 response focusing on defensive proteins dissolved in body fluids and possibly have  
659 adapted their functions accordingly. There are some immune-related genes that are,  
660 perhaps surprisingly, missing from the list of differentially expressed genes obtained  
661 during the present study. Serum amyloid A does not appear in an identifiable form on the  
662 array: its absence from the liver confinement SSH libraries suggests it is not a significant  
663 part of the non-specific stress response in trout. The pentraxins, although represented on  
664 the array, show no significant change in expression. Two clearly different pentraxins are  
665 on the array: one is the published SAP-like pentraxin (Jensen et al., 1997) but the second  
666 has almost equal homology to human serum amyloid P and human C-reactive protein (see  
667 accession nos. CR944257 and CR944502). Although not significant, the SAP-like  
668 pentraxin appears to be down-regulated from 6 h and maximally at 168 h whereas the  
669 other pentraxin appears to be up-regulated at 168 h. If there is an acute phase response to  
670 a prolonged non-invasive stressor in trout it does not follow the pattern found following a  
671 pathogenic challenge.

672

673 Also of interest is the relative absence of differentially regulated genes associated with  
674 gluconeogenesis and glycogenolysis in the liver confinement study. Intuitively, an early  
675 up-regulation and a later reversal of this process might be anticipated, in order to support  
676 the hyperglycaemic response normally seen in stressed fish. It is of course possible that  
677 the severity of the confinement stressor is not substantial enough to require changes in the  
678 expression levels of key genes involved in gluconeogenesis and instead post-translational  
679 modifications (phosphorylation, etc) are sufficient to regulate the process. Indeed the  
680 absence of an immediate rise in blood glucose levels in this confinement experiment  
681 might explain why gluconeogenesis- and glycogenolysis- related genes were not to the  
682 fore in the microarray analysis. A gene identified as a glycogen synthase kinase binding  
683 protein (zebra fish; *Danio rerio*) is clearly upregulated at 24 h and 168 h though the  
684 relevance of this event is presently unclear. It is known that mammals mount qualitatively  
685 different acute phase responses to different stimuli and indications from the literature are  
686 that fish do likewise.

687

688 Krasnov et al (2005a) used similar methods to those employed in the present study to  
689 investigate the effects of handling stress on gene expression in both brain and head  
690 kidney of rainbow trout. Although this earlier study found changes in some genes in  
691 common with the present study (troponin C, immunoglobulin epsilon receptor, 14-3-3)  
692 and these expression patterns over time appear similar, the majority of the genes for  
693 which significant alterations in expression were reported are quite different. This is  
694 probably in part due to the different tissues studied and in part due to the choice of clones  
695 in the microarray design, but it may also indicate that the response to a short handling



696 stress (Krasnov et al., 2005a) is quite different to that arising from a continuous  
697 confinement stressor (this study). Previous studies that have examined gene expression in  
698 trout liver tend to relate to toxicological challenge (Krasnov et al. 2005b; Hook et al.,  
699 2006; Tilton et al., 2007). What most of these studies have in common with each other  
700 and with the current study is that the effects on gene expression are small, generally  
701 approximating to 2-3 fold although changes quantified by qPCR are often larger than  
702 those detected by microarray. A bacterin challenge shows very large changes in liver  
703 expression of hepcidin and diacylglycerol *O*-acyl-transferase neither of which are seen to  
704 respond to confinement stress yet haptoglobin and DRTP1 are up-regulated in response to  
705 both stressors (Gerwick et al., 2007). There appear to be clear distinctions in gene  
706 expression patterns between different stressors: a gene that may be strongly up- or down-  
707 regulated in response to one stressor may not be responsive to a different type of stressor.  
708 This is exemplified by the diverse nature of the response to a group of model toxicants  
709 (Hook et al., 2006).

710

711 In general the qPCR results confirmed the microarray results which therefore suggests the  
712 latter analysis can be used confidently to provide a “global” picture of the gene  
713 expression response to prolonged confinement stress in fish. Some patterns did conflict  
714 but this was probably a result of the weaker clusters where expression changes were quite  
715 small on the array. It has been reported previously that correlations between microarray  
716 and qPCR are best when expression changes are 2-fold or more (Morey et al., 2006). It  
717 should also be noted that only two genes were checked by qPCR from each cluster and  
718 that better correlations would have been achieved if only the most differentially

719 expressed genes were validated. Ultimately,, protein levels (both in each relevant tissue  
720 and in plasma) will have to be measured to get a clear indication of what is the full  
721 physiological response of the fish to confinement stress. In many cases though this will  
722 await the production of antibodies with specificity to fish proteins.

723

724 Overall, the present study indicates that while the primary role of the liver during acute  
725 and chronic stress may be linked with the provision of energy, this role is not reflected in  
726 the patterns of gene expression. Instead, the up-regulation of genes in trout during  
727 exposure to a non-invasive stressor seems primarily to be associated with the non-specific  
728 defence. The results perhaps highlight the need for a multifaceted approach to the  
729 analysis of complex physiological processes such as the stress response where  
730 examination of neither expression profiles nor key indicator endpoints alone provides a  
731 full picture of the events taking place.

732

733

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740

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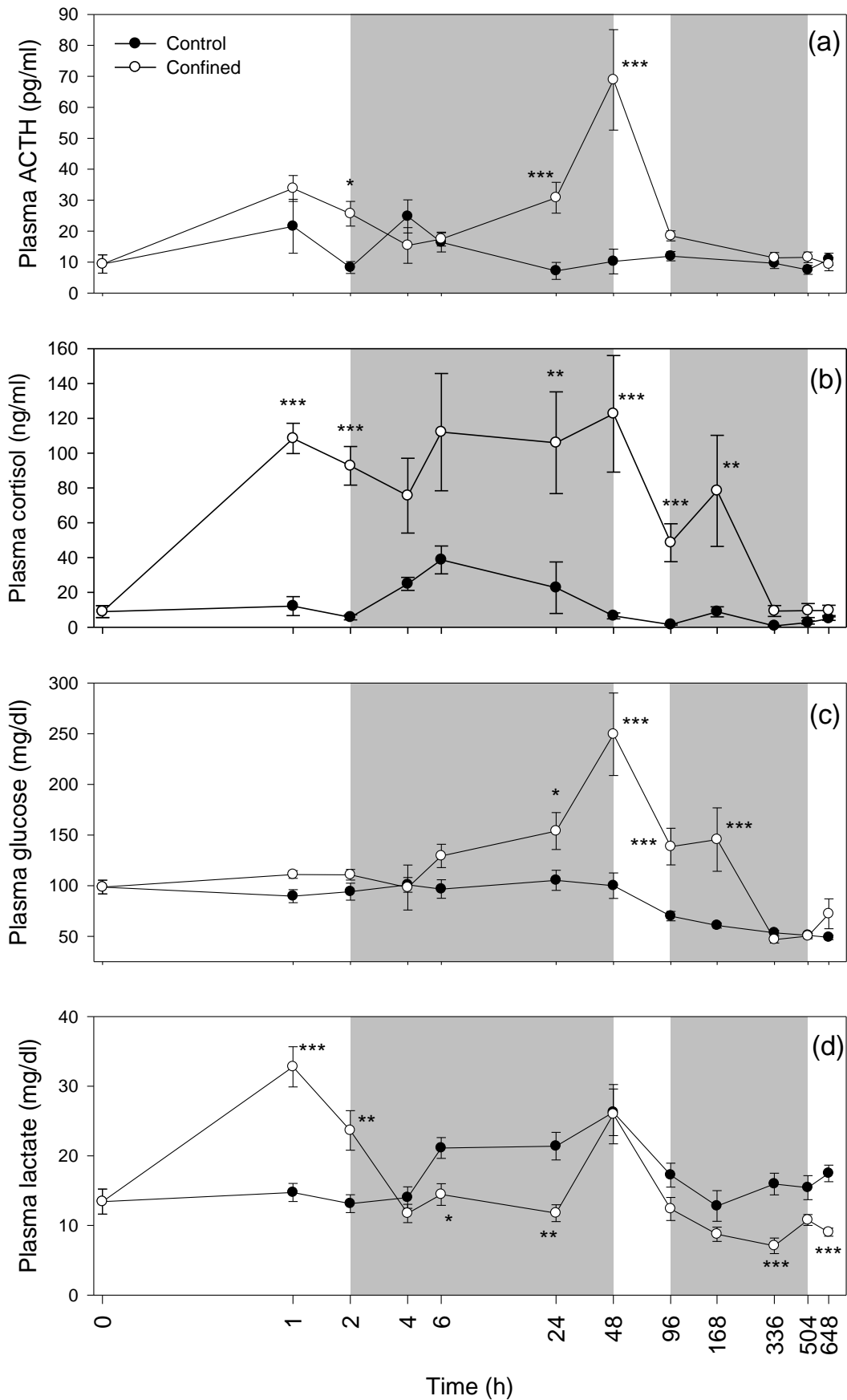
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871 Table 1: Primers used for quantitative real-time PCR

Gene	Accession Number	Forward Primer	Reverse Primer
Haptoglobin	CT566464	5'TCCTTCGATAAGACCTGTGCC3'	5'GGAGACTGGCTGATGTCTCA3'
Fibrinogen beta chain	CR944658	5'TGGGTATTCAGGAACAGCCG3'	5'TCGCCTGGAGTCCAGTTATC3'
Complement factor H	CR944614	5'AAGCAAGCTGTCCTGATCCT3'	5'AAACTCAGTGTAAACTGTCTGCTG3'
TC8442	CR94440	5'GGCTCAGCTCATTGAGCAGT3'	5'GCTTCCCTTCTAGTCTCACTCC3'
$\alpha$ -1-Anti-trypsin homolog CIRBP	CR944146	5'TGCTTCATGGGCAAAGTCA3'	5'TGCCACTTGTTAAAGCGTGA3'
	CT567069	5'GTGTTGTTGTTGACCGGATG3'	5'TTGAAATGAATGGCTGACA 3'
14-3-3 Protein $\beta/\alpha$	AY370880*	5'TCCGATGTCCACAGAGTCAG3'	5'AAAACGGCATTGATGAAGC3'
TC8200	CR944318	5'GTCAAAGTCTCAATGAACCA3'	5'CCTTCGGCAATCAGATGAA3'
Orosomucoid	CR944165	5'CTGGAGAAATGGGATGAGGA 3'	5'TGGCAGACTGAGACAATCCA3'
Serum albumin 1	TC120523*	5'TGGTTGCTGAGAGTGCAGAG3'	5'TGTAGGCTGGGCAGGTAGAT3'
EST10729	CT566588	5'CCTCTTTCAGTGGTGGTGGT3'	5'CAAGGGTCTCCTCATTCTG3'
Ceruloplasmin	CT565372	5'TGGATGAACGTGGAGCATT3'	5'TCATGCATTGTCAGTGGTCA3'
$\beta$ -actin	AJ438158*	5'ATGGAAGATGAAATCGCCGCA3'	5'TGGCCCATCCAACCATCAC3'
18S Ribosomal RNA	AF308735*	5'ACCACCCACAGAATCGAGAAA3'	5'GCCTGCGGCTTAATTTGACT3'

872 \*Primers to candidate genes were generally designed to specific clones on the array with  
873 reference to contigs, but where there was any ambiguity NCBI (AY370880) and TIGR  
874 (TC120523) database sequences were used.  
875



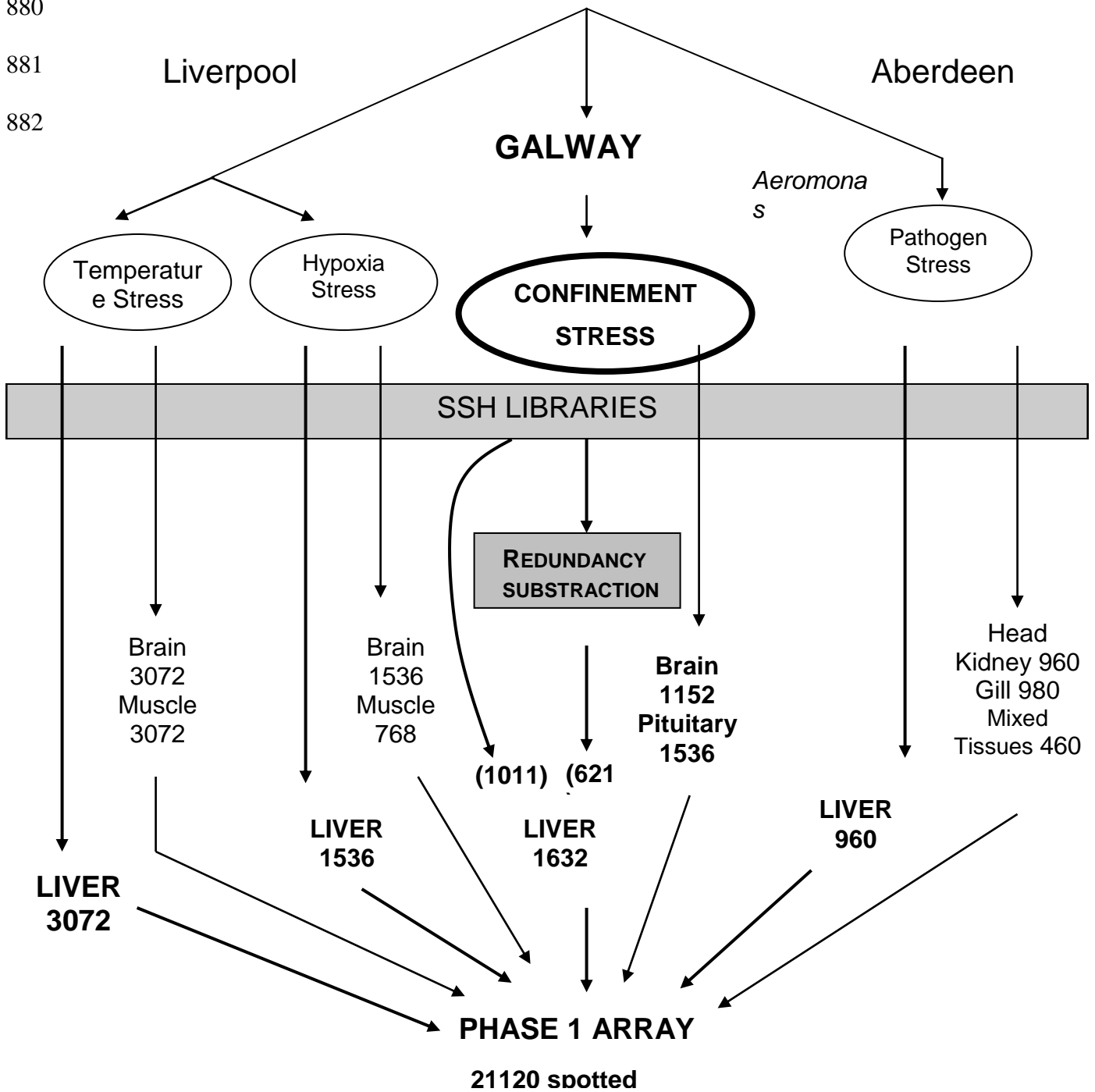
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# 'STRESSGENES' PROJECT

[www.irisa.fr/stressgenes](http://www.irisa.fr/stressgenes)

Coordinator: Patrick Prunet

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Cairns et al. Figure 2

883 Figure 3: Cairns et al.,

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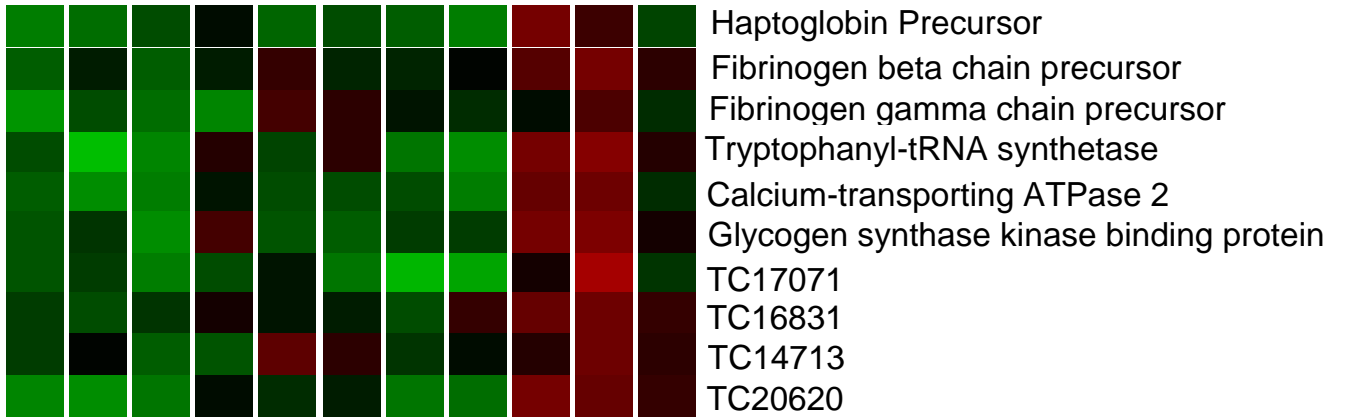
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**STRESS**

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**Set 1**

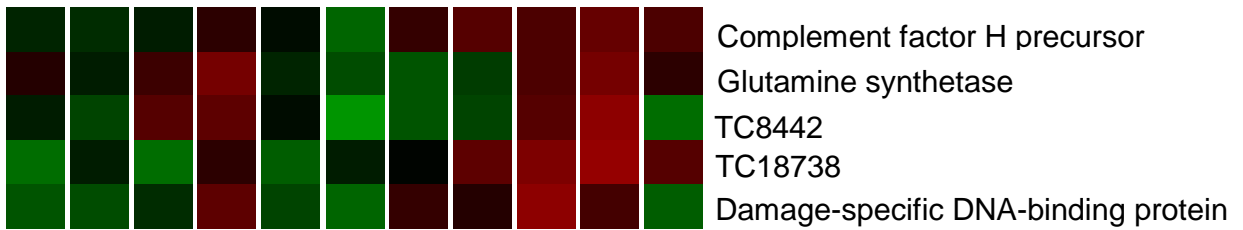
0 2 6 24 168 504 2 6 24 168 504 **Hours**



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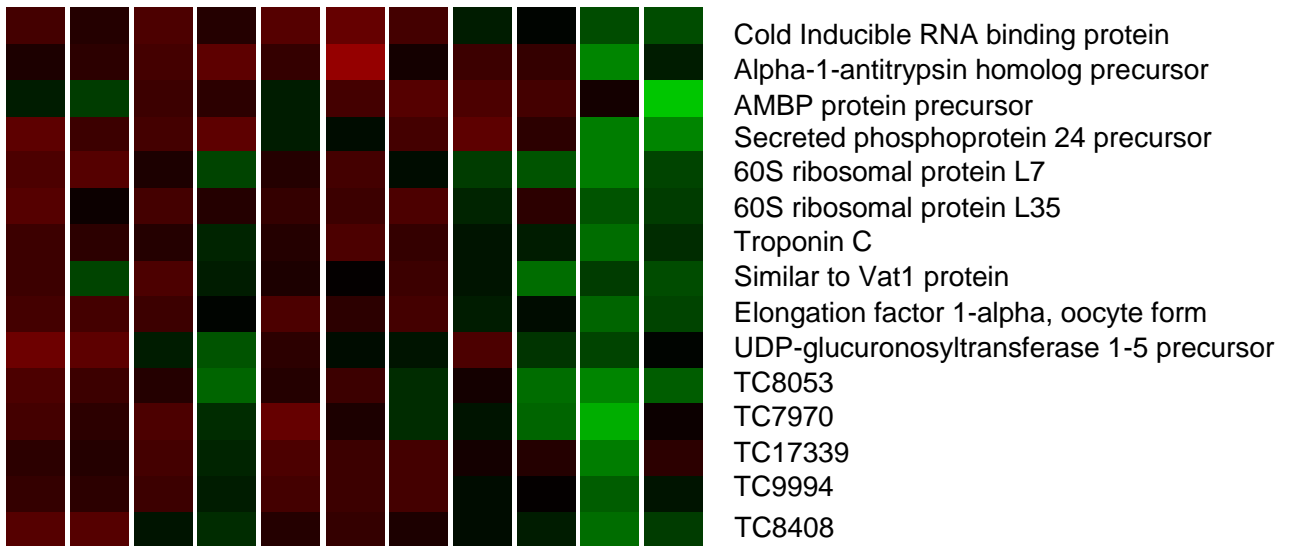
**Set 2**



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**Set 3**



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899 **Scale:**

4.0 2.0 1.0 0.5 0.25

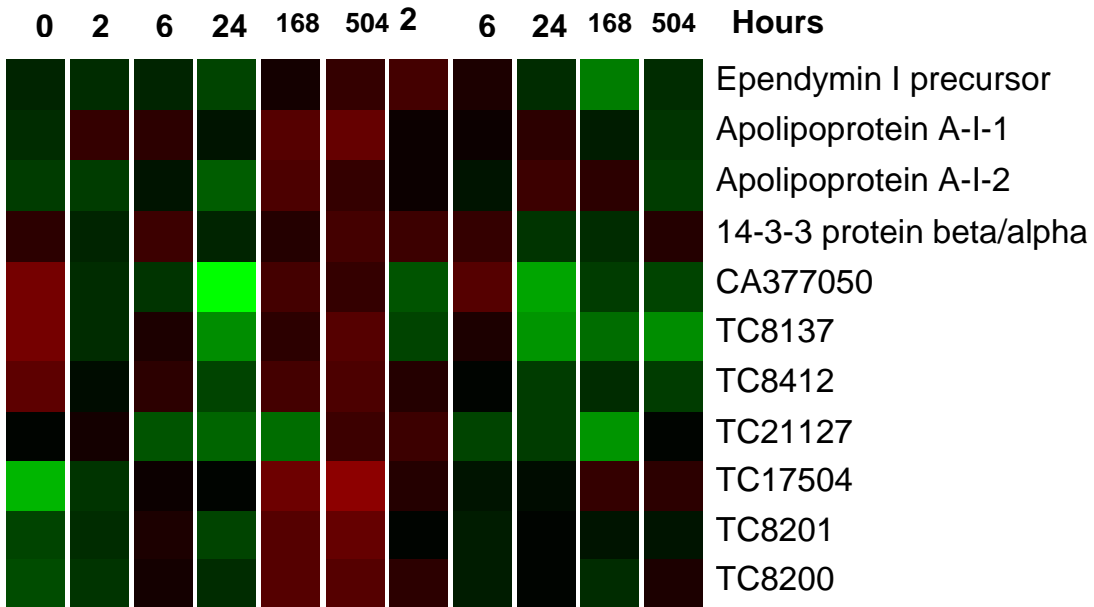


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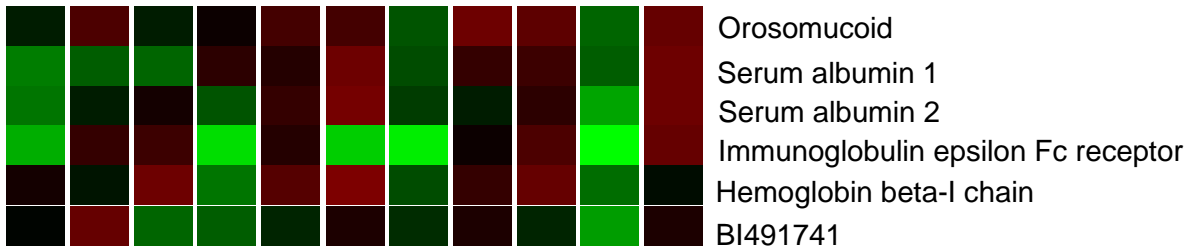
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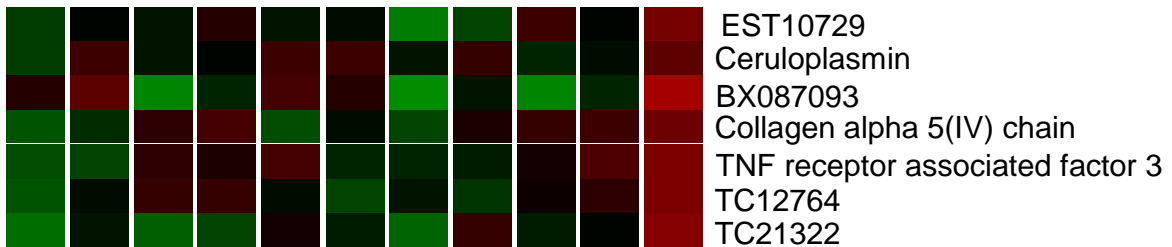
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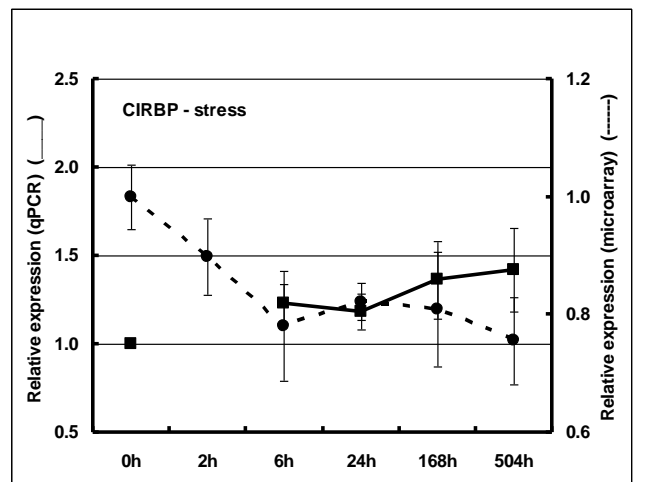
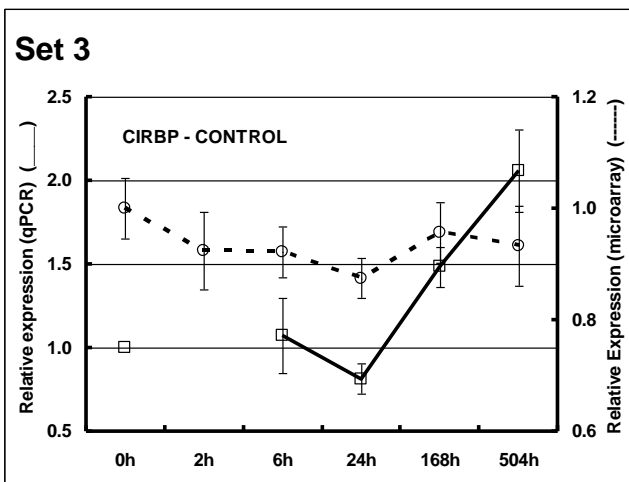
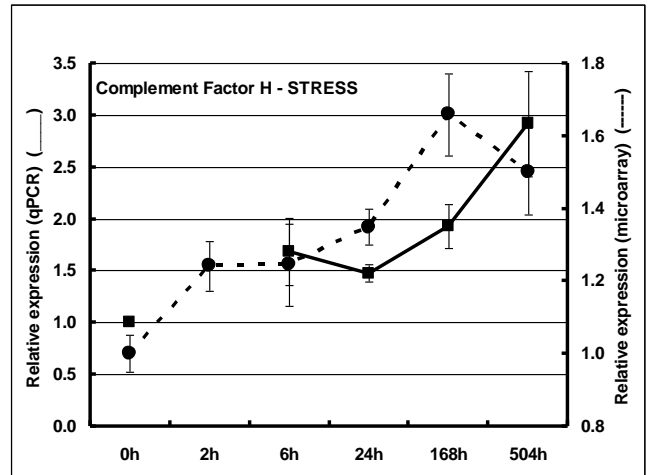
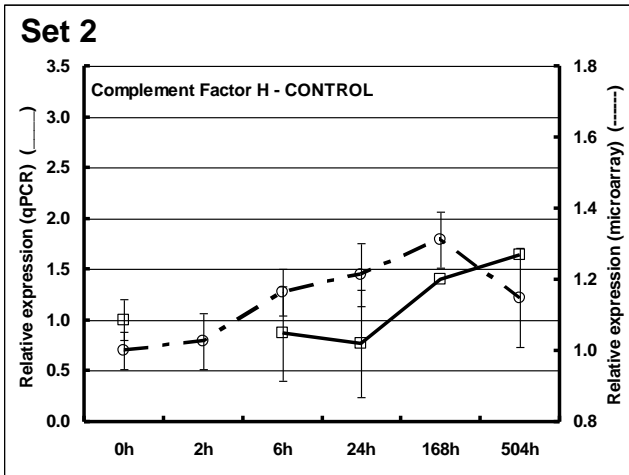
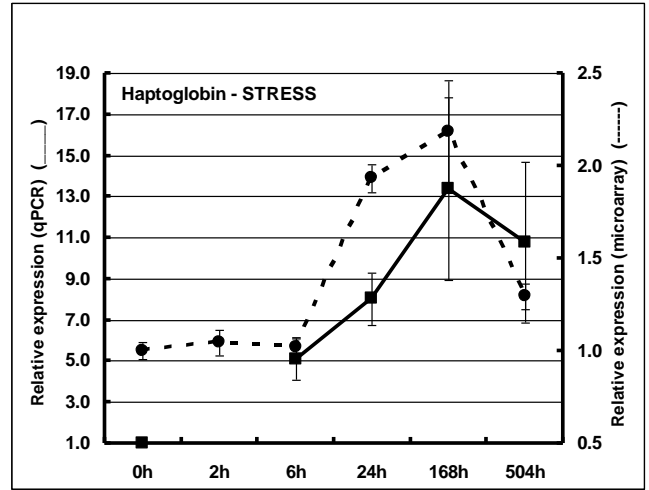
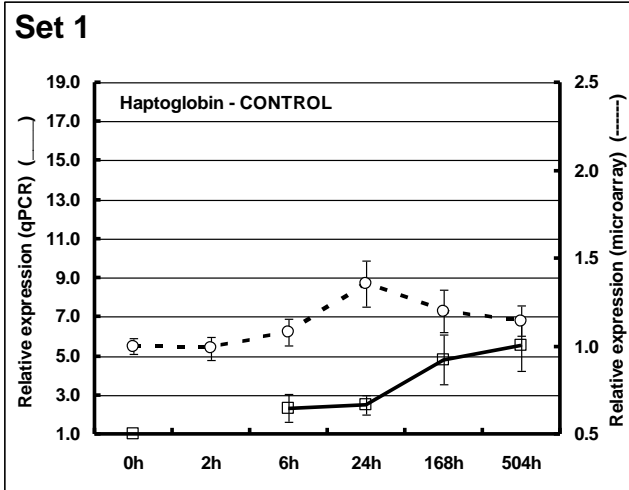
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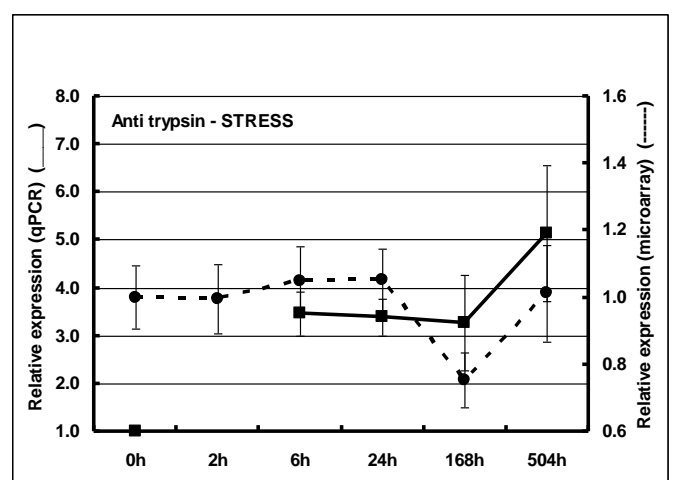
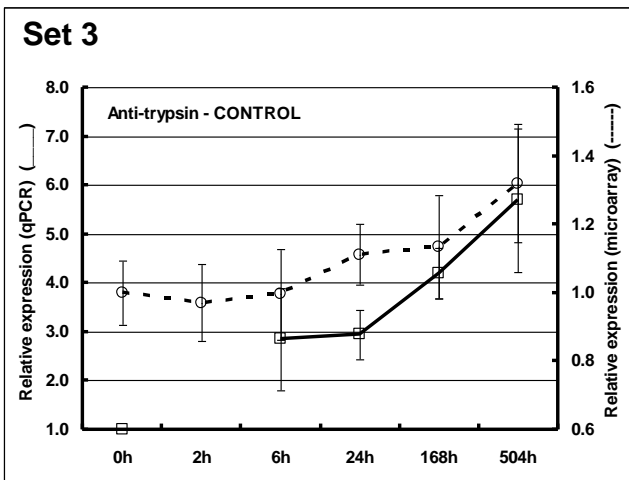
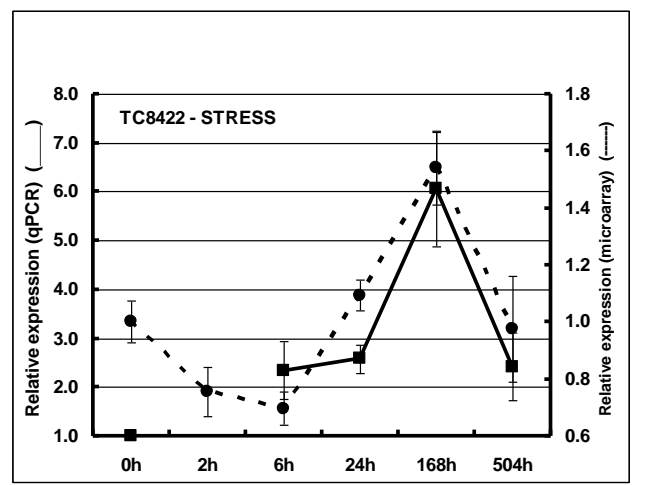
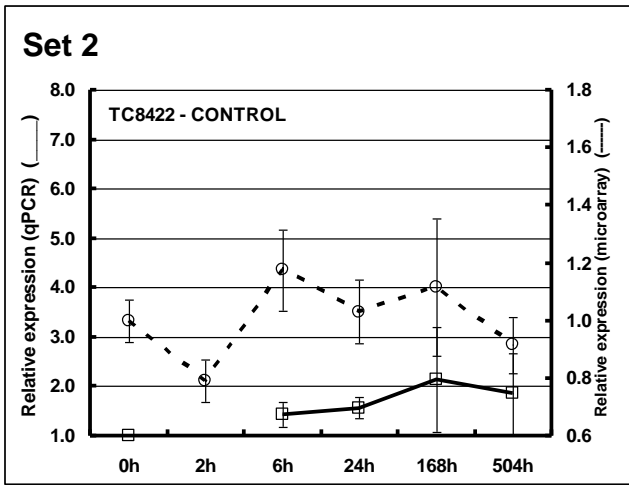
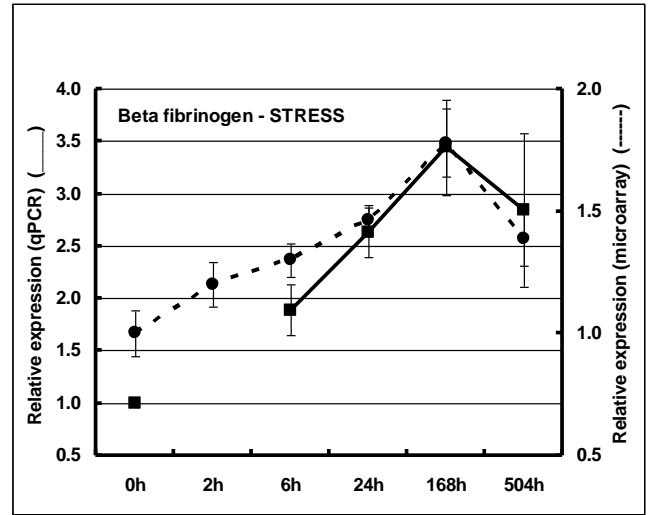
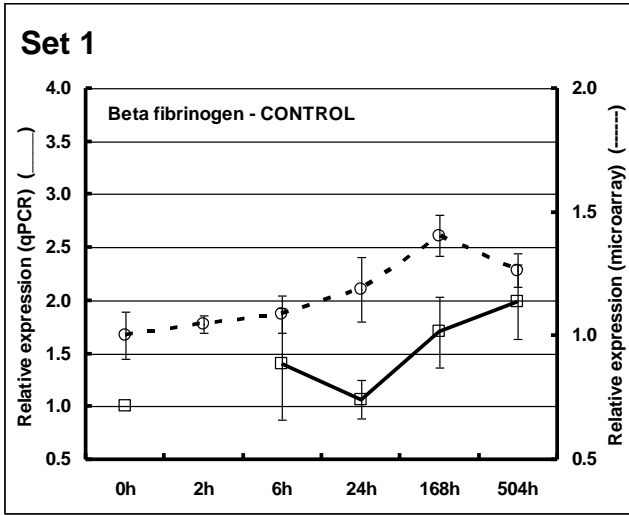


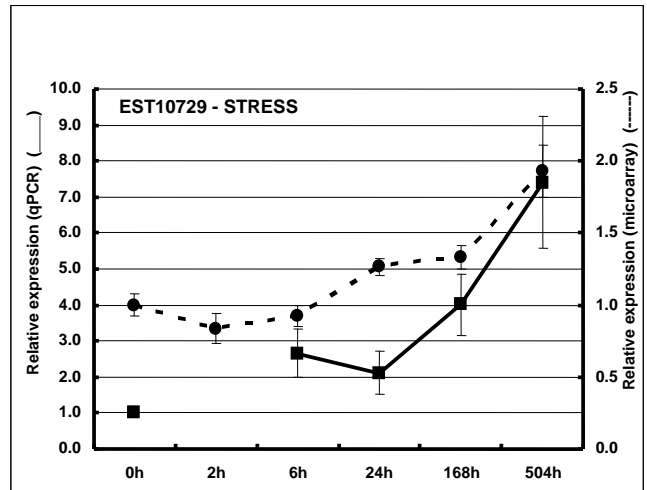
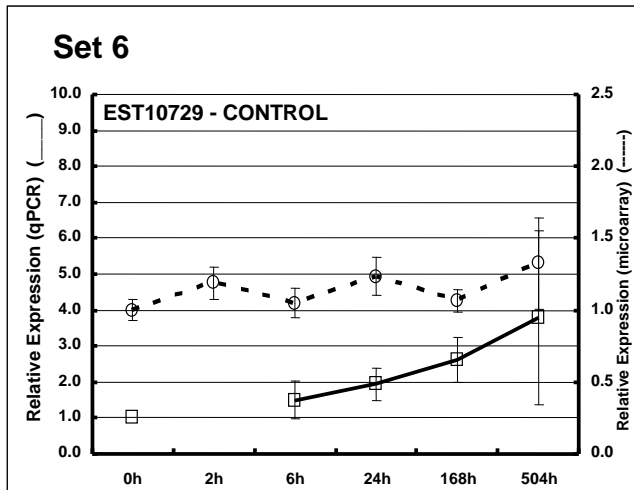
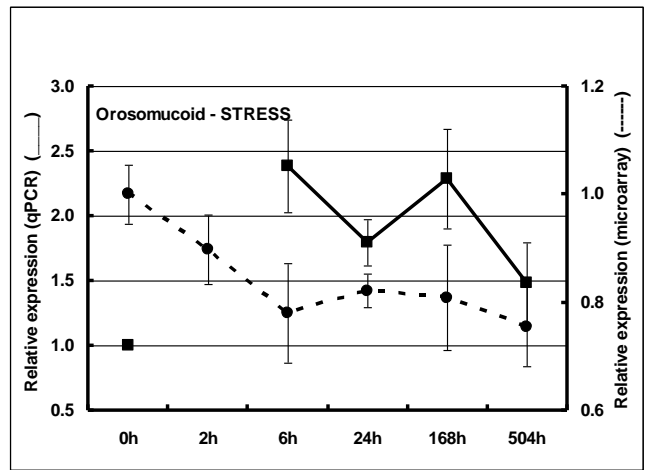
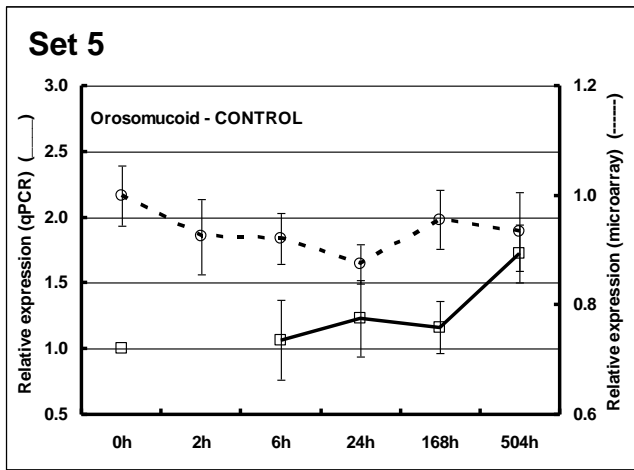
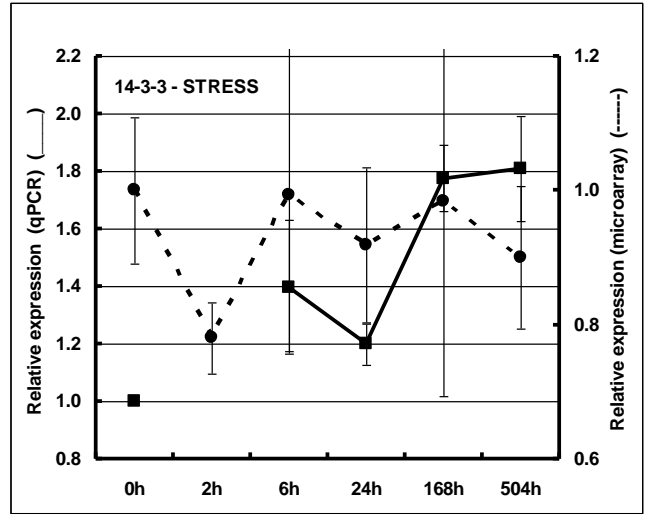
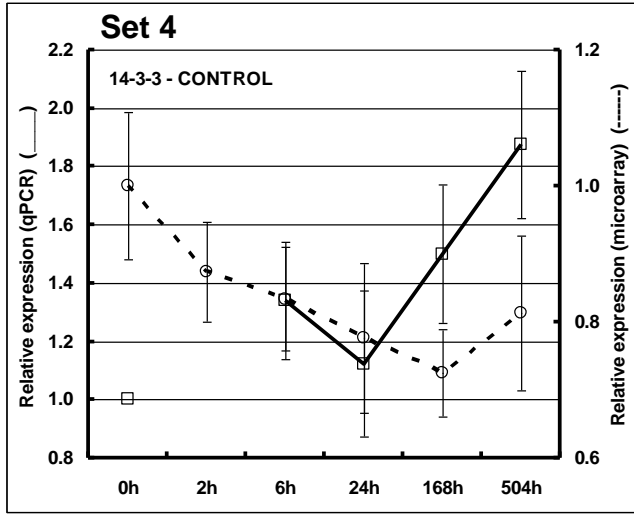
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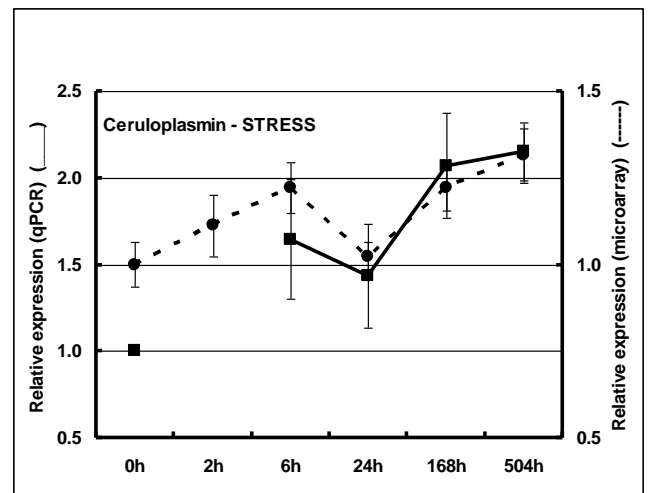
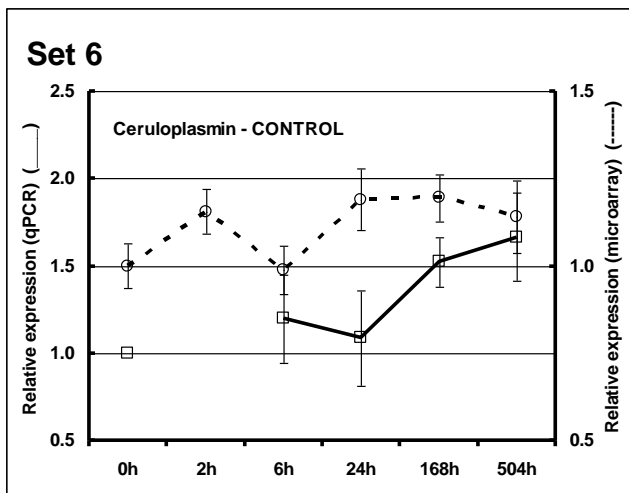
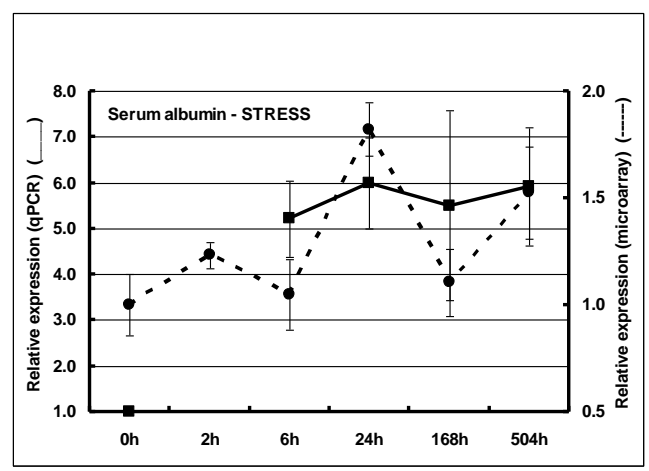
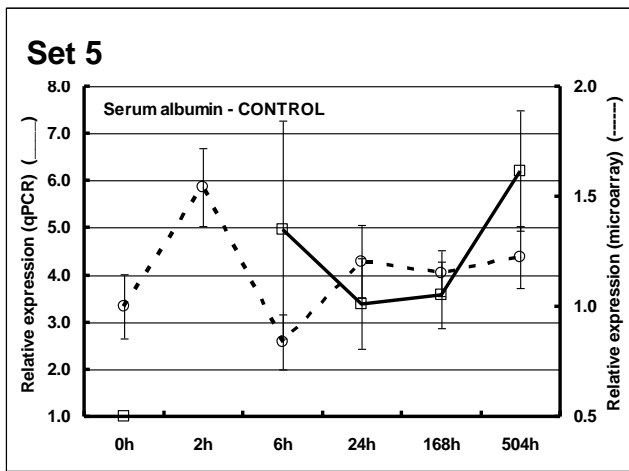
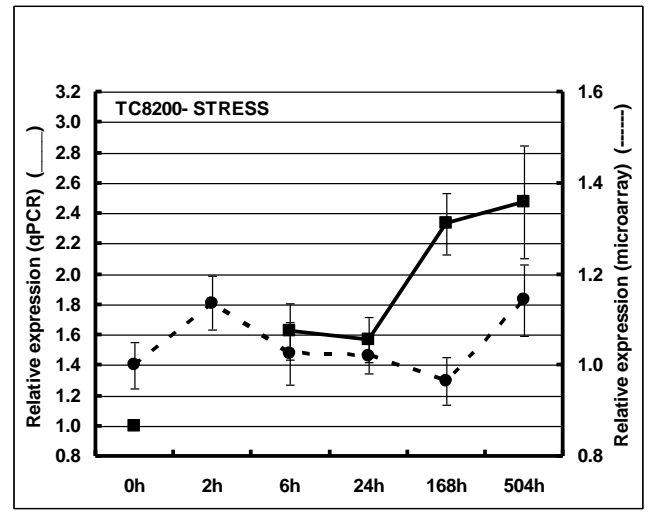
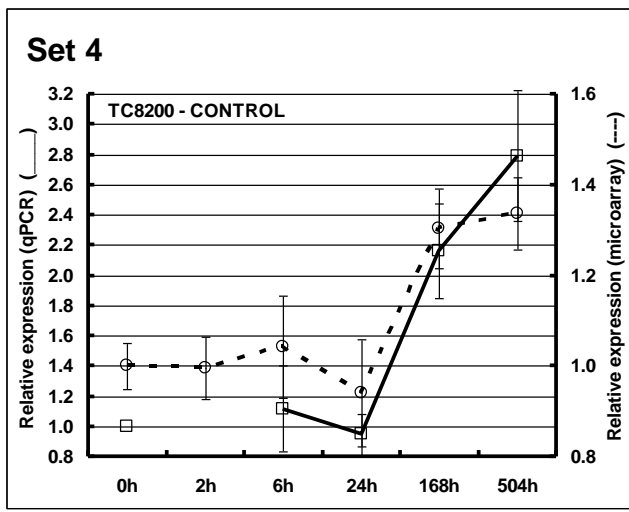








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918 **Figure captions**

919

920 Figure 1. Levels of (a) plasma ACTH; (b) plasma cortisol; (c) plasma glucose; (d) plasma  
921 lactate in confined (○) and unconfined (●) rainbow trout over a 648 h period. Each point  
922 is the mean ± SEM of 12 fish. Significant differences between control and confined fish  
923 are denoted by: \* :  $P < 0.05$ ; \*\*:  $P < 0.01$ ; \*\*\*:  $P < 0.001$ . The shaded areas represent the  
924 two time periods from which samples were used to construct the SSH libraries.

925

926 Figure 2. Organisation of the Phase 1 microarray.

927 The Phase 1 array consisted of 21120 spotted cDNAs contributed to by three partners of  
928 the “Stressgenes” project. Four stresses were represented and most of the clones were  
929 derived from liver, brain and muscle SSH libraries. Numbers provide detail on the  
930 number of clones spotted from each tissue/stress. The liver confinement libraries went  
931 through a second step of redundancy subtraction.

932

933 Figure 3. Common expression patterns in response to a confinement stressor. RNA from  
934 individual fish exposed to a confinement stressor (and unstressed controls) was  
935 hybridised in dye-swap experiments to a multi-tissue cDNA microarray. Normalised  
936 expression ratios (ln transformed) were analysed by ANOVA by time ( $P < 0.05$  with  
937 Benjamini and Hochberg False Discovery Rate multiple test correction) and clustered  
938 into six k-means groups. The scale ranges from 4-fold up-regulated (red) to 4-fold down-  
939 regulated i.e. 0.25 (green).

940

941 Figure 4. Individual expression patterns for some of the key members of the confinement  
942 stressor k-means cluster groups. qPCR was carried out on 5 individuals (control and  
943 stressed) for two gene members of each of Sets 1-6 (see Figure 3). All qPCR was carried  
944 out in triplicate and fold change determined after normalisation to housekeeping genes  $\beta$ -  
945 actin and 18S. Microarray data is averaged data for every instance of that gene on the  
946 array and is displayed as fold change relative to  $t = 0$ . qPCR data (squares and solid line)  
947 is compared directly to microarray data (circles and dashed line). Stress data is in filled  
948 symbols and control data in empty symbols. Vertical axes are varied to best display the  
949 correlation between the qPCR and microarray data. For primer sequences and template  
950 accession numbers see Table 1.

951