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7	METAL CONCENTRATIONS IN LIME STABILISED, THERMALLY DRIED AND
8	ANAEROBICALLY DIGESTED SEWAGE SLUDGES
9	
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19	
20	Abstract
21	
22	Cognisant of the negative debate and public sentiment about the land application of treated
23	sewage sludges ('biosolids'), it is important to characterise such wastes beyond current
24	regulated parameters. Concerns may be warranted, as many priority metal pollutants may be
25	present in biosolids. This study represents the first time that extensive use was made of a
26	handheld X-ray fluorescence (XRF) analyzer to characterise metals in sludges, having

27	undergone treatment by thermal drying, lime stabilisation, or anaerobic digestion, in 16
28	wastewater treatment plants (WWTPs) in Ireland. The concentrations of metals, expressed as
29	mg kg <sup>-1</sup> dry solids (DS), which are currently regulated in the European Union, ranged from
30	11 (cadmium, anaerobically digested (AD) biosolids) to 1273 mg kg <sup>-1</sup> (zinc, AD biosolids),
31	and with the exception of lead in one WWTP (which had a concentration of $3,696 \text{ mg kg}^{-1}$ ),
32	all metals were within EU regulatory limits. Two potentially hazardous metals, antimony (Sb)
33	and tin (Sn), for which no legislation currently exists, were much higher than their baseline
34	concentrations in soils (17 to 20 mg Sb kg <sup>-1</sup> and 23 to 55 mg Sn kg <sup>-1</sup> ), meaning that
35	potentially large amounts of these elements may be applied to the soil without regulation.
36	This study recommends that the regulations governing the values for metal concentrations in
37	sludges for reuse in agriculture are extended to include Sb and Sn.
38	
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39	Keywords: Treated sludge; biosolids; metals; land application.
39 40	<i>Keywords:</i> Treated sludge; biosolids; metals; land application.
	<ul><li><i>Keywords:</i> Treated sludge; biosolids; metals; land application.</li><li><b>1. Introduction</b></li></ul>
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52 There are considerable public acceptance issues around the re-use of treated municipal sludge 53 ('biosolids') as fertiliser (LeBlanc et al., 2008) and, depending on the part of the world, 54 legislation regarding its reuse as such, differs (Milieu et al. 2013a,b,c). Moreover, in some 55 countries such as Belgium (Brussels and Flanders), Switzerland and Romania, the use of 56 biosolids in agriculture is prohibited (Milieu et al. 2013a,b,c). While concerns over the 57 presence of persistent organic pollutants and emerging contaminants, such as 58 pharmaceuticals, have been expressed (Clarke and Cummins, 2014), the presence of toxic 59 metals in sludge, due to the mixing of industrial wastewater with sewage, means that the 60 application of metal-contaminated sludge may cause the contamination of soil and water 61 (Cornu et al., 2001) and accumulation of metals in the food chain (Kidd et al., 2007; Latare et 62 al., 2014). In an attempt to address these concerns, guidance values concerning the maximum 63 allowable concentration of certain metals in biosolids (Table 1) are in place in countries 64 where the reuse of biosolids on land is permitted. The level of exceedance in wastewater 65 treatment plants (WWTPs) is therefore of interest.

66

67 The application of biosolids to agricultural land is governed by various legislation (e.g. in 68 Europe by EU Directive 86/278/EEC (EEC, 1986); in the US by 40 CFR Part 503 (US EPA, 69 1993)). These require that sewage sludge undergoes biological, chemical or heat treatment, 70 long-term storage, or any other process to reduce the potential for health hazards associated 71 with its use. In the EU, land application of biosolids is typically based on its nutrient and 72 metal content, although individual member states often have more stringent limits than 73 governing directives (LeBlanc et al., 2008; EC, 2010; Milieu et al., 2013a,b,c). Guidelines 74 govern the maximum rate of nutrients and metals (e.g. Fehily Timoney and Company, 1999), 75 although as the metal content is normally low relative to the nutrient content of biosolids, 76 application rates are frequently determined by the nutrient content of the biosolids and not

77	their metal content (Lucid et al., 2013). As soil acidification may increase the solubility of
78	metals (Antoniadis et al., 2008), there is a potential risk of metal accumulation in the soil
79	(Álvarez et al., 2002; Mamindy-Pajany et al., 2014), in plants (Latare et al., 2014), or of
80	transport to groundwater, particularly if added in excess (McBride et al., 1999). In countries
81	such as the USA, where in the majority of states biosolids are applied to land based on the
82	nitrogen (N) requirement of the crop being grown and not on a soil-based test (McDonald and
83	Wall 2011), excessive metal accumulation in soil and plants (Wen et al., 2014), or losses in
84	surface and subsurface waters (Oun et al., 2014), may potentially occur.

86 Laboratory and field studies have demonstrated that the addition of biosolids to land as a 87 fertiliser replacement has several beneficial effects (Monera et al., 2002; Latare et al., 2014). 88 They provide nutrients and micronutrients (e.g. zinc (Zn), copper (Cu), cobalt (Co)) required 89 for plant and crop growth, and can be used as an aid in the development of a soil's physical 90 and chemical characteristics. Latare et al. (2014) found that applications of biosolids to land at rates ranging from 10 to 40 tonnes  $ha^{-1}$  increased the grain yield of rice by up to 40% and 91 92 increased the available nutrient content of the soil in comparison to equivalent doses of 93 fertilizers. However, the metal content of both the plants (cadmium (Cd)) and soil (Zn) also 94 increased in comparison to the regular fertiliser. Similar results have been found by other 95 researchers (McBride et al., 1999; Stietiya and Wang, 2011).

96

97 Due to the increasing awareness regarding potential risks to the environment and human 98 health, the application of sewage sludge, following treatment, to land as a fertilizer in 99 agricultural systems has come under increased scrutiny. This is mainly a perception issue by 100 the food production sector, which is driven by the belief that best practices for sludge 101 treatment are not being followed (EPA, 2014b). As metals are likely to remain in the soil

102	indefinitely, the characterisation of biosolids prior to land application is important. The aim
103	of this study was to: (1) examine if the metal content of biosolids from high population
104	equivalent (PE) WWTPs in Ireland exceeded permitted limit values and (2) establish a
105	baseline for unregulated metals – potential pollutants of which little is known and from which
106	other global studies may be compared. To our knowledge, this is the first time that extensive
107	use was made of a handheld X-ray fluorescence (XRF) analyser to carry out analysis on
108	biosolids.
109	
110	1.1 Study context in Ireland
111	
112	In Ireland there were 541 urban areas, with PEs ranging up to 2.3 million, that received either
113	preliminary, primary, secondary, or secondary treatment and nutrient reduction in 2012
114	(EPA, 2014a). In 2012, approximately 94% of the national wastewater load received at least
115	secondary treatment, and the WWTPs produced sewage sludge with a total load of 72,429
116	tonnes (dry solids, DS), of which 94.3% was diverted to agriculture, 5.7% was diverted to
117	composting and other uses, and <0.01% was sent to landfill (EPA, 2014a). Of the treatment
118	processes currently in use in Ireland (anaerobic and aerobic digestion, composting, thermal
119	drying), lime stabilisation remains the most popular, due to the relatively small amount of
120	costs involved (EPA, 2014b).
121	
122	2. Materials and Methods
123	

124 2.1 Sample collection and preparation

126	Biosolids were collected from 16 WWTPs or agglomerations, with PEs ranging up to
127	approximately 2.3 million (Table 2). Selection of the WWTPs was predicated on willingness
128	to participate in this monitoring study and geographical location (a good geographical spread
129	was desirable). None of the plants selected had a history of persistent failures in meeting
130	water discharge standards (EPA, 2014a). Of the WWTPs examined, most received landfill
131	leachate in low quantities (no greater than 2% of the total BOD loading on the WWTP),
132	while others received industrial, commercial and domestic/septic tank sludge comprising up
133	to 30% of the total influent BOD loading on the WWTP (Table 2). Eight discrete samples
134	(n=8) of 100 g were collected in clean LDPE containers (Fisher, UK) from each WWTP and
135	stored at -20°C prior to analysis. The biosolids samples were freeze dried (Freezone 12,
136	Labconco, Kansas City, USA) at -50 °C and pulverised in an agate ball mill (Fritsch™
137	Pulverisette 6 Panetary Mono Mill) with a rotational speed of 500 rpm for 5 min (repeated
138	three times) using an 80 ml agate vial and balls ( $\emptyset$ 10 mm).
139	
140	2.2 Elemental determination
141	
142	A handheld X-ray fluorescence (XRF) analyser (DELTA Series 4000, Olympus INNOV-X,
143	Woburn, MA, USA) in the laboratory (mounted in an integrated bench-top workstation and
144	interfaced with a PC) in soil environmental mode was employed to determine metal (Cd,
145	chromium (Cr), copper (Cu), iron (Fe), mercury (Hg), molybdenum (Mo), nickel (Ni), lead
146	(Pb), antimony (Sb), selenium (Se), tin (Sn), and Zn) concentrations. This portable XRF
147	system consists of a powerful X-ray tube (4 W, Au anode) and a 30 cm <sup>2</sup> Silicon Drift
148	Detector (SDD). An internal instrument standardisation was performed using an alloy chip
149	(aligns the Fe and Mo peaks on the spectrum to compensate for temperature drift) and sewage
150	sludge certified reference materials (Trace Metals – Sewage Sludge 2 CRM029, Sewage

151	Sludge 3 CRM031 and Sewage Sludge 4 CRM055, Sigma-Aldrich RTC, Inc., USA) were
152	used for calibration/verification of the P-XRF to matrix match the 'unknown sewage sludge
153	samples' as closely as possible in order to eliminate matrix effect from the P-XRF analysis.
154	Calibration using the Certified Reference Materials (CRMs) was achieved by plotting the
155	XRF data against certified data and inserting a linear trend line to determine the linearity of
156	the calibration (which is used to calculate the factor and offset required to correct the data
157	within the instrument). An aliquot of the homogenised biosolids (approximately 5 g) was
158	packed into polyethylene XRF sample cups and covered with a 4 $\mu m$ Prolene sample support
159	window (Chemplex® Industries Inc., USA). Metal concentrations were detected
160	simultaneously and the operating parameters included a measurement time of 180 s at beam
161	currents of up to 200 $\mu$ A (maximum voltage of 40 kv and energy resolution of 150 eV). The
162	software uses a compton normalisation algorithm to determine mg kg <sup>-1</sup> concentrations of
163	elements by correlation of the X-Ray tube parameters and the intensity and energy seen by
164	the detector.
165	

166 2.3 Quality control

167

168 Quality control included the use of instrumental blanks (SiO<sub>2</sub>), analysis of duplicate samples, 169 and the performance of the method and stability of the instrument was evaluated by using 170 CRMs of sewage sludge (Trace Metals - Sewage Sludge 2 CRM029, Sewage Sludge 3 171 CRM031 and Sewage Sludge 4 CRM055, Sigma-Aldrich RTC, Inc., USA), sediments 172 (LKSD-4, lake sediment and PACS-1 marine harbour sediment, National Resources Canada) 173 and soils (SRM 2709a San Joaquin Soil and SRM 2710a Montana Soil I, National Institute of 174 Standards and Technology (NIST), USA). The results of the analysis of the CRMs were in 175 good agreement with their respective certified and reference ranges (Tables S1 and S2).

176	Further confirmation of the validity of the P-XRF technique was provided by the analysis of
177	15% of the sewage sludge samples (taken systematically, representing elemental
178	concentrations across the entire range, as determined by P-XRF) using Inductively Coupled
179	Plasma Mass Spectrometry (ICP-MS) (Agilent 7700) after digestion with aqua-regia (Trace
180	SELECT ®, Sigma Aldrich) in a graphite heating block. For the elements that were above the
181	limit of detection (LOD) of the P-XRF technique (Fe, Cu, Zn, Pb, Se, Mo, Ni, Sn and Cr) in
182	this portion of the sewage sludge samples, a comparison was made between the results
183	obtained from the P-XRF and the concentrations determined by ICP-MS. Correlation
184	coefficients (Pearson Product Moment Correlation for normal distributions and Spearman's
185	Rank Order Correlation for non-normal data) between the P-XRF and ICP-MS results were
186	also determined (SigmaPlot 12, Systat Software Inc, San Jose, CA).
187	
188	3. Results and Discussion
189	
190	3.1 Validation of the P-XRF technique
191	
192	Correlation coefficients between P-XRF and ICP-MS results indicated the suitability and
193	satisfactory use of the P-XRF technique for the quantification of these elements in sewage
194	sludges (Fe: r=0.99, P<0.001; Cu: r=0.95, P<0.0001; Zn: r=0.98, P<0.0001; Se: r=0.95,
194 195	sludges (Fe: r=0.99, P<0.001; Cu: r=0.95, P<0.0001; Zn: r=0.98, P<0.0001; Se: r=0.95, P<0.0001; Mo: r=0.79, P<0.0001; Sn: r=0.63, P<0.01; Ni: r=0.85, P<0.001; Cr: r=0.82,
195	
	P<0.0001; Mo: r=0.79, P<0.0001; Sn: r=0.63, P<0.01; Ni: r=0.85, P<0.001; Cr: r=0.82,
195 196	P<0.0001; Mo: r=0.79, P<0.0001; Sn: r=0.63, P<0.01; Ni: r=0.85, P<0.001; Cr: r=0.82, P<0.01; Pb: r=0.99, P<0.0001). Results of the ICP-MS analysis also confirmed that the levels
195 196 197	P<0.0001; Mo: r=0.79, P<0.0001; Sn: r=0.63, P<0.01; Ni: r=0.85, P<0.001; Cr: r=0.82, P<0.01; Pb: r=0.99, P<0.0001). Results of the ICP-MS analysis also confirmed that the levels of Sb and Hg were below the LOD of the P-XRF technique for this portion of comparative

200 3.2 Overview of metal concentrations in sewage sludge

202	The mean concentrations of the metals in the sewage sludge following treatment in the 16
203	WWTPs are given in Table 3. The concentrations of the metals, which are regulated in the
204	EU, and all expressed as mg kg <sup>-1</sup> DS, ranged from 11 (Cd, anaerobically digested (AD)
205	biosolids) to 1273 mg kg <sup>-1</sup> (Zn, AD biosolids), and were well under EU regulatory limits. Of
206	the parameters not regulated in the EU, but regulated elsewhere (Table 1), As, Se, Mo and Cr
207	(Table 3) were well below the upper limits of 75, 100, 75 and 1000 mg kg <sup>-1</sup> , respectively. Of
208	the elements considered bio-essential micro-nutrients measured in this study (Se, Fe, Cu and
209	Zn), all were within either EU or international limits (Table 1) (no limits govern Fe).
210	
211	The biosolids from one WWTP, in which anaerobic digestion was carried out, had an average
212	Pb concentration of 3,696 mg kg <sup>-1</sup> , well in excess of the threshold value of 1,200 mg kg <sup>-1</sup> .
213	The average concentrations (across all treatments) of Cu, Pb and Zn were also well above the
214	median values of internationally published results (Table 4). Lead is amongst the most
215	hazardous metals, which are potentially harmful to human health (Johnson and Bretsch,
216	2002). Other metals measured in this study, which are also potentially harmful, are: Cr, Cd,
217	Sn and Sb. Of these parameters, to date no international standards exist for Sb or Sn in
218	biosolids for reuse in agriculture. In the present study, the average concentration of Sb ranged
219	from 17 to 20 mg kg <sup>-1</sup> (Table 3), which was substantially higher than recorded elsewhere, e.g.
220	<0.01 to 0.06 mg kg <sup>-1</sup> (LeBlanc et al., 2008), 3.4 mg kg <sup>-1</sup> (Eriksson, 2001). As the average
221	concentration of Sb in non-polluted soils is around 0.53 mg kg <sup>-1</sup> (Fay et al., 2007) and
222	elevated concentrations in the soil inhibit the early growth of crop plants (Fjällborg and Dave,
223	2004; Baek et al., 2014), the possibility exists that potentially large applications of this
224	parameter are being land applied without regulation. Tin, in inorganic form, is non-toxic, but
225	a significant portion of sewage sludges may be in a highly toxic, organic form and include

- compounds such as tributyltin (McBride, 2003). The concentrations of Sn measured in this study ranged from 23 to 55 mg kg<sup>-1</sup> (Table 3), which was of the same order as other studies (26 mg kg<sup>-1</sup> – Eriksson, 2001). Normal ranges of Sn in non-polluting Irish soils are around 1.68 mg kg<sup>-1</sup> (Fay et al., 2007). Both parameters, Sb and Sn, however, are not considered to be of risk to animals or humans (USEPA, 1995).
- 231
- 232 3.3 Environmental policy and management implications
- 233

234 Land application of biosolids is, in the main, determined by the nutrient content of biosolids 235 and not by the metal content (Lucid et al., 2013). Therefore, the metal content, even if present 236 in relatively high concentrations in the biosolids, may not have any significant impact on soil 237 quality in the short term. However, accumulation of metals in soil following repeated 238 applications of biosolids, may be problematic – particularly for those elements that are not 239 regulated and are harmful to human health. Guidelines should aim to govern the maximum 240 allowable concentrations of these elements in biosolids, as well as the land to which they are 241 applied. Handheld XRF analysis is a useful, quick and relatively inexpensive method for 242 determining the metal content of biosolids, and should be used frequently to characterise it. 243 244 4. Conclusions

245

The metals from 16 WWTPs in Ireland were below the maximum allowable concentrations of metals for use in agriculture in the EU. In addition, they were also within the median levels for biosolids globally. While current EU and international regulations govern certain priority metal pollutants and bio-essential elements, other metals that are potentially harmful to human health, such as Se and Sn, are omitted from the regulations. This means that a number

251	of toxic metals, which are much higher than their baseline concentrations in soils, are being
252	applied without regulation. It is recommended that the regulations governing the values for
253	metal concentrations in biosolids for reuse in agriculture are extended to cover Sn and Sb. A
254	handheld XRF analyser is a cost-effective and rapid method for the analysis of biosolids, and
255	may be easily applied in WWTPs. Its frequent use would mean that plant managers may
256	determine, with relative ease, the suitability of biosolids for reuse in agriculture.
257	
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262	expressed in this study are the authors' own and do not necessarily reflect the views and
263	opinions of the Minister for Communications, Energy and Natural Resources.
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	Selenium	Molybdenum	Arsenic (As)	Copper (Cu)	Nickel (Ni)	Lead (Pb)	Zinc (Zn)	Cadmium (Cd)	Chromium (Cr)	Mercury (Hg)	Reference
	(Se)	(Mo)									
					mg kg <sup>-1</sup>	dry weight (=ppn	n)				
Brazil	100	50	41	1500	40	300	2800	39	1000	17	LeBlanc et al., 2008
China			75	800 - 1500	100 - 200	300 - 1000	2000 - 3000	5 - 20		5 - 15	LeBlanc et al., 2008
EU	-	-	-	1000 - 1750	300 - 400	750 - 1200	2500 - 4000	20 - 40	-	16 - 25	EEC, 1986
Japan			50		300	100		5	500	2	LeBlanc et al., 2008
Jordan	100	75	41	1500	300	300	2800	40	900	17	LeBlanc et al., 2008
Russian Fed.			10	750	200	250	1750	15	500	7.5	LeBlanc et al., 2008
USA	100	75	41-75	1500 - 4300	420	300 - 840	2800 - 7500	39 - 85		17 - 57	US EPA, 1993

## **Table 1.** Limit values for metal concentrations in sludge for use in agriculture.

-	Site no.	WWTP/	Leachate as %	Industrial/commercial and	Type of treatment		
		agglomeration size	of influent BOD	domestic/septic tank sludge <sup>1</sup>			
		(PEs)	load	as % of influent BOD load			
-	1	2,362,329 <0.01		<0.01	Thermal drying, anaerobic digestion		
	2	284,696	0.3	24	Thermal drying		
	3	179,000	unknown	30	Anaerobic digestion		
	4	130,000	unknown	0.008	Thermal drying		
	5	101,000	2.0	unknown	Lime stabilisation		
	6	86,408	0.2	2.1	Anaerobic digestion		
	7	76,456	0	0	Anaerobic digestion		
	8	46,428	0.1	25	Lime stabilisation		
	9	42,000	< 0.01	15	Thermal drying		
	10	31,788	0.25	unknown	Lime stabilisation Thermal drying Anaerobic digestion		
	11	30,000	0.081	0			
	12	27,731	0	2.8			
	13	27,000	0.2	0	Thermal drying		
	14	25,000	0.7	0	Thermal drying		
	15	22,440	0	0	Lime stabilisation		
	16	6,500	unknown	unknown	Thermal drying		
52	<sup>1</sup> Most re	ecent available figure	es in all WWTPs (2	2013)			
53							
54							
55							
56							
57							
58							

## **Table 2.** Site agglomerations and type of treatment conducted in each location

460	<b>Table 3.</b> Mean (±standard deviation, SD) metal concentration (mg kg <sup>-1</sup>	dry weight) in sludge
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461 following anaerobic digestion, lime stabilisation, or thermal drying. *n* refers to the number of

462 treatments.

Metal	Anaerobic	digestion	Lime sta	bilisation	Thermal d	rying (n=8)	EU regularity	
	(n=5)		(n=4)				upper limits	
							(EEC, 1986)	
	Mean	SD	Mean	SD	Mean	SD		
Regulated parameters in EU								
Cu	640	411	491	452	464	205	1,750	
Ni	25	5	13	2.5	15	7	400	
Pb	791	1625	33	25	54	30	1,200	
Cd	11	1	13	1	10	3	40	
Zn	1,273	749	526	388	869	400	4,000	
Hg <sup>1</sup>	<lod< td=""><td></td><td><lod< td=""><td></td><td><lod< td=""><td></td><td>25</td></lod<></td></lod<></td></lod<>		<lod< td=""><td></td><td><lod< td=""><td></td><td>25</td></lod<></td></lod<>		<lod< td=""><td></td><td>25</td></lod<>		25	
Non-regulated parameters in EU								
As <sup>2</sup>	<lod< td=""><td></td><td><lod< td=""><td></td><td><lod< td=""><td></td><td></td></lod<></td></lod<></td></lod<>		<lod< td=""><td></td><td><lod< td=""><td></td><td></td></lod<></td></lod<>		<lod< td=""><td></td><td></td></lod<>			
Se	3	2	3	1	2	1		
Sr	162	61	183	75	114	36		
Мо	5	2	4	1	5	1		
Ag	11	2	11	3	8	3		
Sn	55	57	23	4	23	5		
Sb	20	5	17	3	17	4		
Cr	51	43	25	15	16	12		
Fe	32,135	41,717	9,654	7,264	33,087	43,373		

<sup>1</sup>Limit of detection (LOD) = 10 ppm<sup>2</sup> LOD = 100 ppm

463

**Table 4.** Measured values for metal concentrations in sludge for use in agriculture (adapted

467	from LeBlanc et al., 2008	() compared with average	concentrations (across all treatr	ments)

	Selenium	Molybdenum	Arsenic	Copper	Nickel	Lead	Zinc	Cadmium	Chromium	Mercury
	(Se)	(Mo)	(As) <sup>1</sup>	(Cu)	(Ni)	(Pb)	(Zn)	(Cd)	(Cr)	$(Hg)^2$
				mg	kg <sup>-1</sup> dry we	eight (=pp	m)			
Brazil	27	113	15	255	42	80	689	11	144	2
Bogota,	24		19	163	43	88	1014	76	73	8
Columbia										
Denver, USA	15	20	3	670	16	39	714	2		1
Los Angeles,	15	18	6	1060	51	39	1180	10	84	2
USA										
Milwaukee,	4	11	8	266	32	57	534	4	289	0.3
USA										
Ottawa,			1	460	16	51	593	1	50	1
Canada										
British	4	8	5	888	26	56	588	3	51	3
Columbia,										
Canada										
Finland				244	30	9	332	1	18	0.4
Germany				380	32	62	956	2	61	1
Italy				261	16	76	577	2	22	0.2
Slovenia			2	200	35	150	600	1	90	2
Turkey				70	62	34	300	1	34	
Sapporo,			7	140	35	10	300	<1	29	0.2
Japan										
Suzu, Japan			8		32	5		2	20	1
Moscow,			0-24	0.9-	1.4-	0.8-	3-	0-300	18-1280	0-11
Russ Fed.				1200	306	1070	3820			
Current study	3	5	<lod< td=""><td>520</td><td>18</td><td>252</td><td>886</td><td>12</td><td>35</td><td><lod< td=""></lod<></td></lod<>	520	18	252	886	12	35	<lod< td=""></lod<>

468 measured in the current study.

 $^{-1}$ LOD = 100 ppm; <sup>2</sup>Limit of detection (LOD) = 10 ppm